

The background of the magazine cover is a photograph of a garden. In the foreground, there are several bushes of red roses and some yellow flowers. Behind the roses, there are green shrubs and a white house with a red-tiled roof. A tall, thin tree with dark red leaves is on the left side. The sky is blue with some clouds. The title 'Four Seasons BREEZE Magazine' is overlaid on the top half of the image.

Four Seasons

BREEZE

Magazine

AUGUST 2023 • VOL. XII, ISSUE 12

The Four Seasons Breeze Magazine is published by Four Seasons at Beadmont HOA & Image Up Advertising & Design
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BUSY BEE GAIL LINDEBOOM P. 12



ADVENTUROUS SENIORS TRAVEL:
RESIDENTS TAKE 121-DAY CRUISE P. 14-15

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HOLE-IN-ONE
COSTS THE GAME
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At the Four Seasons at Beaumont website, fourseasonsbeaumont.org, you will find association financials, Board meeting minutes, activity calendar, community guidelines, and more helpful information. Register online to receive your login details. Another source of news is the Daily Report. You can subscribe to receive Daily Report emails by going to our website and filling out the form under the Daily Report blue tab.

TO SUBMIT ARTICLES/PHOTOS: If you are submitting a monthly article or have a photo to be considered for an upcoming cover, please send to fourseasonsnews@yahoo.com. **ALL SUBMISSIONS ARE DUE BY 12 NOON ON THE SIXTH OF THE MONTH.** For more info, call Courtney at (909) 797-3647.

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MESSAGE FROM THE BOARD

By Kathy Craven, Board Vice-President

Summer is upon us and we are finally getting warmer weather. It felt like this year went straight from winter with temperatures in the 60s in June, right into summer with temperatures in the 90s!

This summer there are no less than eight dances in the Ballroom and on the Loggia and five concerts in the Amphitheater. So, get out and enjoy all the wonderful activities Four Seasons Beaumont has to offer.

August is not only for summer fun; it also begins the start of budget season. The Board of Directors, along with the Finance Committee, work together to determine our budget for next year. Our other Committees (e.g., Community Planning, Facilities) work to provide projects they hope will be funded into the next year's budget.

We are currently working with a \$5.7 million budget that encompasses everything from our monthly bills, to our Landscape and FirstService Residential contracts. In addition, the budget also includes all of the activities like dances, amphitheater concerts, as well as festivities like the Fourth of July Extravaganza our Activities Director, Cindy Graves, along with her staff, planned and executed flawlessly.

Last year we looked at the Customer Price Index (CPI) for Riverside

County along with inflation numbers to ensure we were in line with our spending.

Currently, the Board of Directors, and the Contracts Committee, is reviewing contracts with our various vendors. Our Contracts Committee is preparing to solicit a Request for Proposal (RFP) from both our current vendors, as well as other vendors, to ensure we are performing our fiduciary duty to provide the most cost-effective contract pricing available.

During the next couple of months, we will meet to firm up our budget for next year. This process needs to be completed and approved by the November Board meeting so that we can provide, per civil code, a copy of the budget to every member of our Homeowners Association. By law, a copy of the budget must be provided via USPS by the end of the year. Like last year, we will hold a town hall meeting to address the new budget.

The Board of Directors meet the second Thursday of every month at 1 pm in the Ballroom. If you are looking for a more informal meeting where dialog can be exchanged, we offer Meet with the Board the third Wednesday of each month in the Ballroom at 2 pm.

If you have any questions or concerns, please contact me at (714) 722-1301 or email kathycravenbod@yahoo.com.

Have fun, but stay safe in this hot weather.

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GENERAL MANAGER'S REPORT

By Eric Zarr, eric.zarr@fsresidential.com, (909) 991-8337

PARKING IN FRONT OF MAILBOXES This is something that happens in the Springdales but also in other areas of the community where people park in front of the mailbox for extended periods of time. This makes it harder for our other mobility-challenged residents to get their mail in a timely manner. Please make sure you, or your guests, are not parking in front of the community mailboxes.

REMINDER PROCESS FOR GATE CALLS In an effort to help streamline the process for adding guest to the gate system, dwellingLIVE, starting in October owners can call The Summit or The Courts to add someone to their list. Owners always have the option of logging into dwellingLIVE themselves to manage their guest list. There is a link on our website, www.fourseasonsbeaumont.org. We understand that the comfort level for technologies varies greatly within the community. The Summit's phone number is (951) 769-6444 and the number for The Courts is (951) 845-4865.

STOP SIGNS Homeowners keep reporting near misses where cars, and increasingly e-bikes, are not stopping at the stop signs. Video has been shared of vehicles not even slowing down at stop signs. Please make sure that you are stopping at the stop signs in the community.

SLOW DOWN A reminder I give at each Open Session Board Meeting is to slow down. Once you are home behind the gates, speeding or not stopping at stop signs will only save you a few seconds of time. Speed limits are 30 mph on the Circle, 25 mph on all side streets, and 15 mph in parking lots. Please slow down and drive responsibly. Use the sidewalks if you're a pedestrian.

Meetings

BOARD OF DIRECTORS

Executive Session
General Session
Committee Chairs

DAY

8/10
8/10
8/7

TIME

9a
1p
10a

COMMITTEES

Architectural Review
Community Planning
Facilities
Finance
Landscape
Safety (includes EPC)
Social

DAY

8/2, 16
8/24
8/9
8/29
8/15
8/1
8/1

TIME

8:30a
See Daily Rep.
9a
1p
1p
10a

SUB-BOARDS

Canine Corral Council
Communications Board

8/7
8/30

10a
10a

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For September's *Breeze*, we honor Labor Day. Do you have a memorable photo from your past career at home or at your workplace? Look for that out-of-the-ordinary day captured in a picture at your job and share it with our readers. The deadline to submit is Aug. 6. Email to FourSeasonsNews@yahoo.com and if you have any questions, please call Courtney at (909) 797-3647.

ATTENTION HOME COOKS!

FAMILY RECIPES WANTED

Do you have favorite family recipes that you or your family served either on special occasions or for everyday meals? Or perhaps you have a treasured heritage recipe that is part of your ethnic or cultural background? If you would like these recipes to live on, and are willing to share them, please submit a copy of the recipe to Irenewelker55@gmail.com. Include the recipe, your name, and telephone number in the body of the email. You may also include a picture if available. If you have any questions, please call or text Irene Welker at (951) 275-7081.

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BANNING WAREHOUSE UPDATE

By Jerry Monahan, Board President

The court case is still scheduled for Nov. 17, 2023 in front of Judge Hopp, according to Randy Robbins of the Pass Action Group (PAG).

As mentioned in last month's article, Judge Hopp is replacing Judge Riemer who has retired. Judge Hopp has heard many civil cases, including complex CEQA cases, such as the case filed by PAG.

PAG held a Town Hall in June at Sun Lakes. The meeting was well attended, and the attendees were told they were on the final stretch in the case. Consultation with PAG attorneys and PAG Board members resulted in an announcement that PAG has raised almost all of the money to get through the case, and possibly, even an appeals filing.

So far donations of over \$300,000 have been received by PAG of which approximately \$260,000 has been spent on legal fees, filings, and supplies supporting the case.

The Pass Action Group and their attorneys are now in a "wait period" to see what will be needed to prevail in the case. As more information is available, PAG will forward an update to us for our residents.

The PAG Board of Directors thank everyone who has supported and continues to support the efforts to stop the Banning Point Warehouse Project.



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From the Activities Director

By Cindy Graves

How is the summer nearly over? Oh well, the best is yet to come starting with the "Moonlight Movies at the Amphitheater" on Wednesday, Aug. 2 at 8 pm. The movie will be *Supermench: The Legend of Shep Gordon*. Everyone is invited and there is no fee for admittance. I'm even going to take the industrial popcorn maker out there for an additional evening treat. Speaking of treats, we will be having a "door-less prize" give-away, so you don't want to miss that!

The next event is the "Gail-Games, Match Game" on Friday, Aug. 4 at 6 pm in The Lodge Ballroom. Come on down and play with your table to try to match answers with our Four Seasons celebrities. Gail will keep you in stitches and at the end of the evening there are prizes for the winners. Feel free to bring your food and favorite beverages.

For you folks that enjoy doing crafts and have noticed the lovely colorful lotus lamps around the facilities, resident Kilja Larsen is offering a free lotus lantern class on Monday, Aug. 7 at 1 pm in The Lodge. There is a sign-up sheet on the credenza in the Lobby, open to the first 25 people. Thank you so much Kilja!

Mark your calendars: Friday, Aug. 11 for a little mini-vacation to the "Four Seasons Tropics" as we welcome the popular Steel Drum Band for the next summer Loggia concert and dance party. The doors open at 4:45 pm and the Bistro will be offering a tropical buffet starting at 5 pm. The band and dancing starts at 5:30 pm. Be sure to bring your favorite beverages and wear your Hawaiian shirts and mumus. More info to come on the Activities Blast.

Sunday, Aug. 13 is the Amphitheater Woodstock Concert. This is going to be quite the event with Four Seasons version of Woodstock.

All the music you remember will be there including selections from Jimmy Hendrix, Janice Joplin, Grace Slick, Santana, Crosby, Stills and Nash, Jethro Tull and more! Be sure to dress up and bring your party paraphernalia. If you'd like to share with everyone, your bitchin' pictures of you during the Woodstock era, send them on over to me (cindy.graves@fsresidential.com) and we'll add them to our resident slide-show during the concert. The concert starts at 7 pm and you are welcome to put your lawn chair down anytime on the day of the concert.

The Travel Club is presenting "Welcome to Hollywood" with a delicious catered dinner, dancing, and live entertainment on Friday, Aug. 18. This elegant affair is only \$50 per ticket and will be a special evening to remember. Dressing up as your favorite Hollywood Movie Star is encouraged and there will be prizes for the best dressed. Doors open at 4:45 pm.

Karaoke will take place on Saturday, Aug. 19 at 5:30 pm in The Lodge Ballroom. DJ Dave always does a great job running the event and everyone who goes, enjoys both the incredible talent showcased in song as well as the great camaraderie from all the neighbors. Come on down and give a listen or get your nerves up and try a song yourself! You'll be cheered and supported for the attempt.

Finally the Performing Arts Club will be holding their Live Radio Show on Saturday, Aug. 26. The two shows include, "Gun Smoke: Potato Road" and "Gracy's Baby Turkey." They're always hilarious and you can't beat the fee for admission — free! The doors open at 5:30 pm and the show starts at 6 pm. See you there and have a super great August!



SPECIAL EVENTS IN AUGUST

Wednesday, Aug. 2, 8 pm: Amphitheater Movie: *Supermensh: The Legend of Shep Gordon*

Sunday, Aug. 6, 6:30 pm: Trivia Night

Wednesday, Aug. 9, 2 pm: Classic Film Group Matinee

Friday, Aug. 11, 5:30 pm: Loggia Concert

Sunday, Aug. 13, 7 pm: Summer Concert Series: *The Woodstock Show*

Monday, Aug. 14, 9 am: Social Committee Ticket Sales Begin

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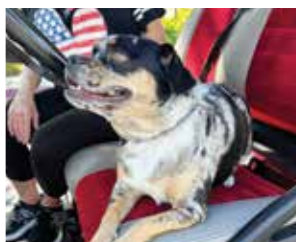
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Senior Derby



All competitors started strong but there were inevitable missteps. Niles Muckracker (at left) took a late lead and won by a nose. To compete in our next Senior Derby, call club President Sir Racealot at (909) 797-3647.

Authentically Entertaining

ENTERTAINER OF THE YEAR: Gail Lindeboom gives back to the community with good, old-fashioned fun



Entertaining (in public) was not in Gail Lindeboom's background. She says that living in this community has allowed her to become her authentic self — an entertaining emcee! Her award this year at the Volunteer Appreciation event as the first annual "Entertainer of the Year" was a decision by acclamation.

Most of you know her as "Gail's Games" Gail and "Bistro Bingo Night" Gail. It took several years of living here, trying out everything, going to club

and committee meetings, and dancing at every dance class before starting her very own successful game show franchise. But when Cindy Graves asked her to sit on a panel for a game, she was not only enthusiastic, but decided that she could do this and have a lot of fun with it. And the rest is Four Seasons Beaumont history.

Gail makes us think and makes us laugh playing old game show games such as Majority Rules, Password, Match Game, Trivial Pursuit, and now the Newlywed/Oldywed show. Gail has even gone out to Four Seasons Palm Springs and entertained that community a couple times at the invitation of Nelly, who used to be here at Beaumont. Gail's wife, business manager, and production assistant, Micki Rosen, may have to start drawing up contracts as she's been approached by someone outside the Four Seasons communities to put on shows in other 55 and older communities in the desert. The

way word is spreading, her hope is an invitation to host the Oscars sometime in the future.

Gail started Bingo Night at the Bistro to help attract diners back after COVID. The events are always well attended and have developed a life of their own with Knuckleheads and Barn Owls, animal sound effects, and just a lot of fun.

Gail and Micki moved to Four Seasons from West Hollywood in 2012. Both had worked at Paramount Pictures for many years — but not as talent. They fell in love with the community and enjoyed the activities and felt the need to give back to the community they cared so much about. They believe in tenets of Judaism directing us to "give back" and "heal the world."

When asked what she would say to someone considering moving here, her reply, "It's not what you think. It is a beautiful, wonderfully diverse community of people that has an important thing in common — we're all over 55 and aging together, supporting each other." ~

Rhonda Louden

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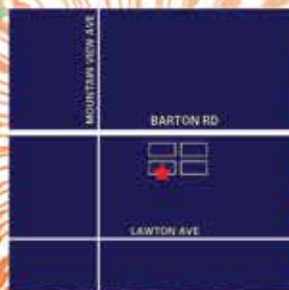
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Adventurous Seniors Passionate for Travel

By Elizabeth Westbrook

Phillip and I just returned from a 121-day world cruise with Viking in July. I'm happy that some of you kept track of our travels through "Oh, the Places We Go!" *Breeze* articles. The question of "Would you do it again?" seems to be a favorite from our friends. The answer is easy. Yes, we loved it! We would prefer, "Would you recommend this itinerary?" Better yet, "What was it like 'living' on a ship full of strangers?" Viking has a reputation of attracting the more mature travelers who share the same kindred spirit of enriching their travels with lectures and visiting historic sites. It's no wonder that we felt that our Four Seasons neighbors were with us all along. Except our fellow travelers had an average age of 72. It was wonderful to find ourselves with others who had the same expectations and goals. This cruise took previous barriers down for me by witnessing my two most memorable moments.

A solo traveler gentleman did not let the effects of a previous stroke that made his speech unintelligible slow him down. He used a walker and wore his favorite athletic shorts. He had myriad Band-Aids on his legs but he was always eager to go. We would see him pushing his walker with a purpose on numerous locations. He always greeted us with a smile and was invited by a group to celebrate their 100th day of sailing.

Cairns, Australia was our port for accessing the Great Barrier Reef. I could never have been prepared for the one and a half hour of rough waters. I was sick five times. But Phillip beckoned me so I struggled to get my wetsuit on. When I finally looked at the back of the boat, I was surprised to see dozens of bobbing heads. This gave me courage to jump in. I didn't last very long; I was eager to get back on the boat. Another lady who just got back on said, "I'm 82 years old and I can't believe I just did that!"

We chose to stay on the ship and pass on excursions at two ports. Both times it felt like a ghost ship. We had a little over 800 passengers. Most were eager for adventures awaiting each port. I found out how flexible the excursions can be. Two ladies chose to stay in Thailand for two weeks and rejoined the cruise in Mumbai. Yes, their stateroom was empty and paid for. However, it's more convenient to use this itinerary as a jumping point for the desired location.

I took this flexibility to give Phillip a birthday surprise by staying downtown in Singapore. Using apps made it easy to book a room or activities. Others found cheaper or private bookings for activities throughout the cruise. The reservations for excursions could be changed or canceled within a 24-48 hours' notice. This was an important feature that allowed some to adjust due to health conditions such as injuries or inability to deal with extreme temperatures.

There were varieties of excursions which allowed spouses/partners to make choices. It was nice to hear they had the freedom to pursue

their interests. There were about 20 couples who chose to depart early (visited Delhi), or took the same day fly in and out to Agra to visit the Taj Mahal from Mumbai. The goal is to be back on the ship for any of the port departures.

If we were in port during Saturdays/Sundays, the churches were available on land as well as on the ship for Sabbath. During Easter, a nondenominational service was provided. Nothing was missed. During Super Bowl, the ship televised it on a big screen and had the best party foods and drinks. The fans of March Madness basketball tournament kept up with their teams. The distance from family and friends were never farther than a phone or an iPad. The comfort of "home" was always there.

The published *Viking Daily* announced the weekly clubs and groups. Bridge, arts and crafts, and cornhole were the favorites. You can hear the rousing yells and applause from the Main Lounge. They used the grand staircase to throw the bags from into the cornhole.

We had 65 days at ports and 56 sea days. The sea days were great for doing laundry, resting (excursions on buses and sightseeing can be demanding), keeping up at work (volunteer or a lady we met was still a professor at a satellite university), spa massages, working out at the Fitness Room (always busy in the mornings), watching

the latest movies, and reading. Deck 2's running/walking track was a great place to watch for sea life.

Excursions were not the only game in town. There was shopping. The ports were shopping heaven for shopping mavens. These included expanding wine collections, investing in gold bullion, cooking classes that inspired buying spices, and anything that caught the eye. At the end of 121 days, two passengers used Luggage Forward for 15 suitcases!

The ship also felt like a community. A Veteran created a ceremony for the Vietnam War Veterans as we approached Ho Chi Minh City. A woman solicited donations of clothes for the earthquake relief in Turkey. Most of the passengers were from USA. They became ambassadors in the countries we visited. For example, they genuinely felt that traveling helped the local economies and were generous with tipping the guides to help make up for the lost wages during travel restrictions. These countries were grateful to have the travelers back. For me, it was an all-encompassing itinerary and at the end, the strangers became friends. We had the same passion for experiencing different cultures and couldn't get enough of it. Phillip and I extended our trip by adding a river cruise to Normandy. There were many passengers who stayed on and extended their cruise to Scotland, Iceland, and even all the way to New York. We were grateful for traveling among adventurous seniors seeing firsthand the wonders of ancient and modern civilizations. ~ *Elizabeth Westbrook*

**"For me, it was an
all-encompassing
itinerary and at the
end, the strangers
became friends."**



We didn't see a turtle but we did spot a blue-haired giant clam at the Great Barrier Reef off Cairns



Gateway to India in Mumbai



The Westbrooks with new friends at the Petronas Twin Towers in Kuala Lumpur, Malaysia



Daily market in Civitavecchia, Italy



Welcomed by cultural dancers in Bali, Indonesia



The Library of Celsus in ancient Ephesus, Türkiye



The Treasury in Petra, Jordan



Local band in Semarang, Java, Indonesia singing Jambalaya by Hank Williams in Javanese



Excursion lunch on the Nile in Luxor, Egypt



Daily street market in Bali

Oh, the Places We Go!

For this “Oh, the Places We Go!” column, residents may submit high-quality digital photos to FourSeasonsNews@yahoo.com. While not required, we would love to see a copy of the *Breeze* featured with you in the photo of your escapades. It will be fun to see how far and to what exotic places the magazine travels. Please be sure to include information to explain your photos, especially the who, what, when, and where.



Left: Dennis & Dyann Miller in front of the Palais Royal in Fes, Morocco and atop the UNESCO World Heritage Site Ksar of Ait-Ben-Haddou, above, on their tour of Morocco in April



Marion Herron and Nancy Lilly took a trip to England to visit their old stomping grounds and family. They also took a trip to Paris and Rome to see the Eiffel Tower, Vatican, Sistine Chapel and other sites



Cheryl and Brian Fusilier visited Greece last month. Left and center are at the Acropolis near Athens. At right, Cheryl is in Olympia on the spot of the original Olympic stadium

Oh, the Places We Go!



Above: Mary Christelman at Mount Rushmore on a recent road trip through the North and South Dakota, Montana, Wyoming, Glacier Park, Waterton Lakes, Canada, Idaho, and Utah. At right: Mary at Waterton Lakes, Canada. Submitted by Bill Christelman



Scott Frymire & Maggie Barajas in North Dakota at the Slant Indian Village (left) and the Abraham Lincoln Infantry Post (right). Photos submitted by Yvonne Aguilera



Jeff & Teri Davidson making a stop by the windmills of The Netherlands on their recent Grand European Trip

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>August</div> <div>The activities, dates, and times on this calendar are subject to change at any time. Check with your club or group contact for the latest info if you have any questions or concerns.</div>		<div>1</div> <div>Karaoke 5:30p Classic Film Group 6p</div>	<div>2</div> <div>Amphitheater Movie Supermenschi: The Legend of Shep Gordon 8p</div>	<div>3</div> <div>Photography Club 6:30p</div>	<div>4</div> <div>Match Game w. Gail 6p Seasoned Solos 6p</div>	<div>5</div> <div>Birding Walk 8a Cars & Coffee 9a Roman Holiday Dance 4p</div>
<div>6</div> <div>Int'l Social Club 12p Trivia Night 6:30p</div>	<div>7</div> <div>Life After Loss 1p African American Culture Club 6p</div>	<div>8</div> <div>Book Club 9:30a Computer Group 10:30a Writer's Club 1p 4x4 Club 6:30p</div>	<div>9</div> <div>Nbrhood Watch 10a Classic Film Group 2p</div>	<div>10</div> <div>BOD Exec Session 9a BOD Gen Session 1p Italian Amer Club 6p Classical Music Group 7p</div>	<div>11</div> <div>Loggia Concert 5:30p</div>	<div>12</div>
<div>13</div> <div>Counter Culture Cinema Club 6p Summer Concert Series: The Woodstock Show 7p</div>	<div>14</div> <div>Social Comm Ticket Sales 9a</div>	<div>15</div>	<div>16</div> <div>Meet with the Board 2p Int'l Social Club 5p</div>	<div>17</div> <div>Taste d'Vine 6p</div>	<div>18</div>	<div>19</div> <div>Travel Group 10a Karaoke 5:30p</div>
<div>20</div>	<div>21</div> <div>Life After Loss 1p</div>	<div>22</div> <div>Classic Film Group 6p</div>	<div>23</div>	<div>24</div> <div>Veterans Group 10a</div>	<div>25</div>	<div>26</div> <div>Radio Show 6p</div>
<div>27</div>	<div>28</div>	<div>29</div>	<div>30</div>	<div>31</div>	<div>Calendar changes? Complete a Schedule Change Request Form, found on the website or at the The Lodge front desk, by the 6th of the month to make it in the following month's calendar.</div>	

CLASS, GAME, EXERCISE SCHEDULES

Below schedules may change, cancel, or reschedule at any time. Check with The Lodge front desk or fourseasonsbeaumont.org for updates.

Physical Exercise

THE LODGE

Gym	Daily	Open
Hula Hoop Group	F	7:30a
Pool	Daily	Open Swim
Spa Pool	Daily	Open
Paddle Tennis	Daily	Open
Pickleball	Daily	Open
Shuffleboard	Daily	Open
*Beginners Conditioning	T/Th/F	8:30a
*Total Body Conditioning	M/W	8:30a, 9:30a
*Kickboxing Cardio	Sat	9:30a
*Chair Yoga	W	5p
*Water Aerobics (pool closed during class)	M/W/F	10a
	M/W	11a
*Yoga	W	6p
*Zumba	T/Th	9:30a

THE COURTS

Gym	Daily	Open
Courts Pool	Daily	Open Swim
Spa Pool	Daily	Open
Tennis	Daily	By Reservation
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	Open
FSTTC	M-Sat.	1p
AFSTTC	T	10a
*Yoga	T/Th	8:30a
*Pilates	M	8a
Water Volleyball (pool area closed during play)	T/Th/Sat.	10a

THE SUMMIT

Gym	Daily	Open
Summit Pool	Daily	Open Swim
Bocce Ball	Daily	Open
Horseshoes	Daily	Open
Cornhole	T	5p
Water Volleyball (pool area closed during play)	Sat.	1p

DANCE

Let's Dance! Free Practice	M	6p
*Let's Dance! Beginning	M	6:30p
*Let's Dance! Intermediate/Advanced	M	7:05p
Country Line Dance Beginning	T	2p
Country Line Intermediate	T	2:45p
Country Line Advanced	T	3:30p
*Heart & Soul	W	4p
Step it up Line Dance Beginning	M	1p
Step it up Line Dance Improvers	M	2p
Step it up Line Dance in the Ballroom	W	6:30p

Classes/Groups

Believe Bible Study	F	10:30a
Ceramics	W	1p
Craft Group	Th	10a
Crafty Card Makers	2nd/4th F	1p
Handbell Choir	Th	1:30p
Intercessory Prayer	1st M	9a
Knit & Crochet	T	10a
*Mixed Media Art	M	10a
	W	6p
Men's Bible Study	T	9a
PAC	2nd M	6p
Photography	1st Th	6:30p
Quilting Enthusiasts	1st Th	1p
Sit'n Sew	3rd Th	9a
TOPS Weigh In	T	8:30a

Activities

Curly Cues	M	11a
Billiards for Fun	T	10:30a
Wild Bunch Billiards	F	12:30p
Dominoes Billiards	W/F	3:30p
Bocce Ball	T/F	8a
	Th	6p
Horseshoes	W	9a
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	1p
Advanced	T	10a
Paddle Tennis	M/W/F/Sat/Sun	5p
Shuffleboard	M	9a
	Sat	9a
Tennis Play Day	Last Sat	8a
Beginners	All Sat except last	8a

Game Clubs

GAME	DAY	TIME
Bridge for Fun	W	12p
Bunco	F	1p
Canasta	Th	1p
Co-Ed Bid Whist	T	6p
Contract Bridge	2nd Sat	9a
Dominoes	W/F	5p
Hearts	T	6p
Mahjong	F	10a
Mexican Train	M	12p
Phase 10 Cards	2nd/4th T	2p
Pinochle	M/W/F	9a
Rummikub	M	2p
Three Thirteen	1st/3rd Tues	2p
Uptown Diva Bid Whist	1st/3rd F	2p

*A fee may apply for activity

NEIGHBORHOOD WATCH & COMMUNITY AWARENESS

At our June meeting, we had the opportunity to hear an informative presentation from Andrea Merrill, Environmental Health Technician from the Department of Environmental Health, County of Riverside. Ms. Merrill provided information to help us mitigate the effects of mosquitoes on our community. With the heavy rains this season, she warned us we could expect a high influx of mosquito infestation this summer. We were also reminded to remove standing water in our yards. Standing water is a primary breeding ground for mosquitoes.

On July 12, we were fortunate to have guest speaker Dr. Karan Singh, Chief Medical Officer for San Geronio Hospital. Dr. Singh shared his vision for San Geronio Hospital and updated us on current medical issues facing our community.

For our August meeting, representatives from Homeland Security are scheduled to give a presentation on how to avoid becoming a victim of scams. We will also be provided with information on the various types of scams that specifically target the elderly population. We look forward to seeing you at our Aug. Neighborhood Watch meeting.

A hot, dry summer is forecasted! Keep the following preventive measures in mind while working or playing in hot conditions this summer:

Stay Cool: Remember to follow these precautions at home prior to going outside for exercise, work, or play.

- Wear Appropriate Clothing - choose lightweight, light-colored, loose-fitting clothing.

- Stay Cool Indoors - stay in an air-conditioned place as much as possible. Keep in mind, electric fans may provide comfort, but when the temperature is in the high 90s, they will not prevent heat-related illness.

- Schedule Outdoor Activities Carefully - try to limit your outdoor activity to when it is the coolest, like morning and evening hours. Rest often in shady areas so your body has a chance to recover.

- Pace Yourself - cut down on exercise during the heat. If you are not accustomed to working or exercising in a hot environment, start slowly and pick up the pace gradually. If exertion makes your heart pound and leaves you gasping for breath, STOP all activity. Get into a cool area or into the shade, and rest.



- Wear Sunscreen - protect yourself from the sun by wearing a wide-brimmed hat, sunglasses, and by putting on sunscreen of SPF 15 or higher. Tip: look for sunscreens that say "broad spectrum" or "UVA/UVB protection" on their labels, as these products work best.

- Do Not Leave Infants, Children, or Pets in Cars - cars can quickly heat up to dangerous temperatures, even with a window cracked open.

Drink Plenty of Water: When it is hot and humid, your body quickly loses water through perspiration. Note: When you are thirsty, you are not properly hydrated.

- Stay Hydrated - it is important to drink up to four cups of water per hour, even when you are not feeling thirsty. Note: Stay away from very sugary or alcoholic drinks. These drinks can cause you to lose more body fluid.

- Replace Salt and Minerals - heavy sweating removes salt and minerals from the body that need to be replaced. A sports drink can replace the salt and minerals you lose in sweat. Note: If you are on a low-salt diet, have diabetes, high blood pressure, or other chronic conditions, talk to your doctor before drinking sports beverages.

- Keep Your Pets Hydrated - provide plenty of fresh water for your pets and leave the water in a shady area.

We would like to thank all our Block Captains and all our Neighborhood Watch members for all you do to keep our community safe. ~ Frank Hilberg, hilbergfrank@gmail.com

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ARCHITECTURAL REVIEW COMMITTEE

ARC is beginning to see applications to paint the exterior of homes throughout the community. Here is a quick review of the guidelines concerning painting house exteriors. Remember that every exterior paint job requires ARC approval (except small touch ups and the Springdales.)

ARC has tried to find every house exterior painting option offered by Four Seasons Beaumont when the houses were built. We believe that we have identified most of them. If a homeowner finds that their original color scheme is not listed, please provide the ARC with a copy of the document (typically found in closing documents) and it will be added to the list.

All known color schemes are contained in looseleaf folders and are available for check out at both The Lodge front desk and the RNC offices. These are printed 8 1/2" x 11" sheets that contain color chips and names (and Sherwin Williams code) of the colors arranged in color schemes. Homeowners may choose to paint their house using any color scheme contained in the book. Applications using a full color scheme will typically be approved during the scheduled meeting. There are 20 known color schemes.

Homeowners may choose to mix and match approved colors to create their own color scheme. Any combinations made in this manner must maintain the overall aesthetic of the community. The full ARC Committee will review each application to determine if the aesthetic is maintained. It is likely that the ARC will not be able to approve these types of combinations without additional research

which may result in a delay in approving the application. There are 104 approved colors. Those colors can be combined in 182,104 combinations.

If no additional information or material is requested by the ARC, a decision will be delivered to the homeowner within 30 days. If additional information or material is requested, the decision will be delivered within 30 days of receipt of all required materials.

While the preferred paint for the community is Sherwin Williams, paint may be obtained from any paint manufacturer. The only requirement is that the paint must be mixed using the Sherwin Williams formulas to ensure uniformity. ARC has researched this requirement and determined that every paint manufacturer has access to Sherwin Williams formulas. We have had a couple of painting contractors claim that their supplier was unable to provide paint mixed in this manner, however ARC contacted the manufacturer who contradicted the contractor.

ARC is confident that with nearly 200,000 paint color combinations available, homeowners can find something that meets the guidelines and makes their home look great.

FYI: ARC has been advised by some homeowners that painting contractors are booking out for several months. If you are contemplating a paint job this season, don't delay.

If you have questions about this article or any ARC issues, please contact me. ~ Steve Cooley, (801) 815-5302, cooleyaudit@gmail.com

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LANDSCAPE COMMITTEE

In most months, presentation of figures such as income and expenses is done by the Finance Committee. This month, however, I want to present data about what it takes to keep our community attractive and appealing to not only current residents but also guests, realtors, and prospective residents.

The Master Land Management budget for 2023 is \$1,272,492. These budget items are one of the largest HOA expenses, and they cover irrigation, activity by Park West, our landscape contractor, tree maintenance, and activities overseen by the Landscape Committee. This year, the Landscape Committee budget was set at \$97,260. Park West provided an additional credit of \$22,500. Thus, the Committee had funds of \$119,760 to maintain The Lodge, The Summit, The Courts, the pocket parks, and all the common areas within the community. Tree maintenance is an additional \$214,800 expense. These figures may seem huge, but residents should keep in mind that shrubs cost \$35 and more and trees go for \$330 or more. The community has thousands of trees and tens of thousands of shrubs and ground cover.

The Front Yard Cost Center (FYCC) budget for 2023 is \$487,056. This total is made up of allocations for irrigation, activity by Park West, tree maintenance, and replacement of declining plant material. The budget for this latter activity is \$9,000.

How has the Committee spent the funds allocated to it?

This year we've walked all the streets that make up the FYCC and observed the condition of the shrubs and trees that are present there. We've overseen the replacement of dead trees and failed shrubs, as well as lawn maintenance. We have, however, been careful to observe our budget constraints, approving expenditures of \$6,859 for the first five months of the year.

For the HOA property, the Committee seeks to equitably distribute expenditures throughout the community. So far this year, the Committee has directed the refurbishment of three slopes, replacement of declining and dead plantings in the Springdales, refurbishment of the pots in the pool area of The Lodge, clean up of the Breckenridge detention basin, and replacement of trees damaged by residents or improperly chosen by the builder. In addition, the Committee has worked diligently to improve the appearance of the

planting along Four Seasons Circle, especially on the corners. In the near future, we expect to oversee a major overhaul of the circle between The Courts and The Summit. The cost of these projects is considerable and the Committee has approved expenditures of \$31,548 for the first five months of the year.

As of this writing early in July, the Committee is performing all these activities with only four members. In the past, the Committee has had seven, eight, or even nine members. Additional members will allow us to spread activities such as tree trimming scheduling, identification of water wise plants appropriate for our microclimate, and selection of trees that thrive in our community. In addition, additional membership will assure the community of diverse opinions that benefit us all.

I encourage any residents who want to see that the appearance of our premier community is preserved to consider joining our Committee. You can find out how we function by joining us for a morning walk. These walks take place every Friday, currently beginning at 7 am. We start at various locations throughout the community and you can find out where our next walk will be by contacting Kat Hughes of FirstService. Another way to see the Committee in action is to attend our monthly meeting that takes place at 1 pm on the third Tuesday of the month. I hope to see you there. ~ *Kirk Freyermuth, kafreyer@frontier.com*



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CANINE CORRAL COUNCIL

No offense guys, but have you ever watched men keep an eye on their kids at a park? They usually find a shady spot to sit and watch. Well, would you believe we have Dog Dads?

Not only do their own dogs love to sit with them, but many of the dogs at the Corral hop up on the benches to join them. Much to the men's credit, they reach out and pet each dog. This is so good for all the dogs, because the dogs learn to go to people besides their own "parent." They learn to trust other people and that those people are kind and caring.

Dogs navigate using their sense of smell and have amazing memories. If they haven't seen someone for years and pick up their scent, they remember that person and get so excited to see them. It is like meeting an old friend for that dog. Of course, that goes for food items also.

If you are thinking about joining the Canine Corral, please pick up a packet at The Lodge front desk. Membership is \$40 the first year and \$30 per year after that. Yes, it takes a few minutes to gather all the information, but the plus side is that when you take your dog to the Corral, you are certain that each dog there is fully vaccinated, microchipped, neutered, and has a city license. It is a safe environment for your best friend to romp around with new friends. Hope to see you and your fur baby at the Corral soon.

Please call if you have any questions. ~ *Martha Franck, (714) 345-8588, Marthafranck826@gmail.com*



Dog Dads

CONSERVANCY

A meeting in June with the city manager of Beaumont clarified some issues with the Conservancy. The requirement to build a conservancy is from the federal government and applies only to states and counties, not to cities. The city of Beaumont has no requirement for a conservancy. At the time of the proposal by K. Hovnanian to build a 55+ community, the area under consideration was not within the city limits so a conservancy was a requirement for approval.

Once the city extended their boundary to include the Four Seasons development, the builder was no longer required to include a conservancy in their plan. It is likely that with the land unsuited for housing and marketing an attraction like the conservancy induced the builder to proceed with the conservancy as drafted.

During the decade of development, economic conditions changed and there is currently no financial incentive for the builder to complete further work on the conservancy and transfer it to the HOA. Transferring and registering the conservancy would require K. Hovnanian to fund endowments for both the HOA and the Inland Empire Resource Conservation District (IERCD).

There is also no requirement for the HOA to accept transfer of this land. K. Hovnanian is currently managing this land to meet city requirements for weed abatement and fire prevention. The need for a different fence and sidewalk on Potrero Avenue and a fence under the bridge are under evaluation by the city. ~ *Len Tavernetti, ltavernetti@hotmail.com*



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SAFETY COMMITTEE SAFETY 4 “ALL” SEASONS

Welcome to the dog days of summer. The Safety Committee works to help make our community a safe environment in which to live. Safety is our top priority:

- As a reminder, be very mindful of our speed limits as you drive in our community. The speed limit on Four Seasons Circle is 30 mph, while the speed limit on our residential side streets is 25 mph.
- Heat-related illnesses are a real concern as we experience hot temperatures during our summer months.

Remember:

- Stay cool – wear appropriate lightweight clothing; stay cool indoors; limit your outdoor activities; cut down on outdoor exercise; wear sunscreen (SPF 15 or higher); do not leave infants, children, or pets in cars.
- Drink plenty of water ... up to four cups of water per hour.

It is important to recognize the signs and symptoms of heat-related illnesses and to know what to do to alleviate the symptoms.

CDC GUIDELINES: Recognizing the signs and symptoms of heat-related illnesses

HEAT STROKE: *What to look for:*

- High body temperature (103°F or higher)
- Hot, red, dry, or damp skin
- Fast, strong pulse
- Headache
- Dizziness
- Nausea
- Confusion
- Losing consciousness (passing out)

What to do:

- **Call 911 right away – heat stroke is a**

medical emergency!

- Move the person to a cooler place.
- Help lower the person's temperature with cool cloths or a cool bath.
- Do not give the person anything to drink.

HEAT EXHAUSTION: *What to look for:*

- Heavy sweating
- Cold, pale, and clammy skin
- Fast, weak pulse
- Nausea or vomiting
- Muscle cramps
- Tiredness or weakness
- Dizziness
- Headache
- Fainting (passing out)

What to do:

- Move to a cool place
- Loosen your clothes
- Put cool, wet cloths on your body or take a cool bath
- Sip water

Get medical help right away if:

- You are throwing up
- Your symptoms get worse
- Your symptoms last longer than one hour

HEAT CRAMPS: *What to look for:*

- Heavy sweating during intense exercise
- Muscle pain or spasms

What to do:

- Stop physical activity and move to a cool place
- Drink water or a sports drink
- Wait for cramps to go away before you do any more physical activity

Get medical help right away if:

- Cramps last longer than one hour
- You are on a low sodium diet

- You have heart problems

SUNBURN: *What to look for:*

- Painful, red, and warm skin
- Blisters on the skin

What to do:

- Stay out of the sun until your sunburn heals
- Put cool cloths on sunburned areas or take a cool bath
- Put moisturizing lotion on sunburned areas

- Do not break blisters

HEAT RASH: *What to look for:*

- Red clusters or small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)

What to do:

- Stay in a cool, dry place
- Keep the rash dry
- Use powder (like baby powder) to soothe the rash

The August CPR Sunday will be held on Aug. 27 with a class from 12 to 1 pm followed by another class from 1 to 2 pm. A sign-up sheet can be found on the clipboard by the Theater in The Lodge Lobby. In addition to the CPR Sunday Classes, you can also call, text, or email A.J. Reilly to set up a class at (951) 522- 9975 or email reilly58@me.com.

the Safety Committee meets on the first Tuesday each month at 10 am in RCN Conference Room. We encourage you to join the meeting if you have any concerns or if you would simply like an update on our ongoing safety projects. Please drop by if you are interested in joining the Safety Committee. We are always looking for energetic new members. ~ **Frank Hilberg, hilbergfrank@gmail.com**

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FACILITIES COMMITTEE

In the dog days of summer, we're happy we live in such a beautiful community to help us through these warm days. We on the Facilities Committee are not letting the long hot days stop us from getting projects underway. We have submitted proposals that have been approved by the Board of Directors for the removal and replacement of some lifted sidewalk panels and the restoration of the beautiful fountain in the bocce ball area of The Lodge. Projects awaiting approval (at the time of this writing) include new replacement tables for the Ballroom, new card tables activity rooms, and new televisions for the Billiards and Game Rooms.

The Facilities Committee will be submitting an updated Committee

Charter and a Strategic Plan to the Board this month. The focus of these documents is to ensure a quality living environment for all Four Seasons homeowners. We take seriously our commitment to serving the Board of Directors and the community at large by preserving and maintaining all facility assets in a fiscally responsible manner, for the betterment of us all.

We meet the second Wednesday of each month at 9 am (please note the time change) in the RCN Conference Room. For more information, please contact Committee Chair, Lila Bonner, at ladybonner@msn.com. ~ *Lila Bonner, Regina Farmer, and Deborah Wasbotten*

FINANCE COMMITTEE

During the Finance Committee's regular monthly meeting, the financial statements for May 2023 were reviewed and recommended for Board approval. In addition, the Committee reviewed 10 expenditure proposals, and reviewed investment recommendations to move maturing investments to higher yield FDIC insured instruments. Highlights of the April financial statements are: Total Cash is \$12,235,508 including operating cash of \$2,306,585 (checking and CDs) and reserve assets of \$9,928,923. Our total year-to-date income is \$304,000.

Homeowners are welcome to join us at the Finance Committee's regularly scheduled monthly meetings held on the last Tuesday of

each month. Our next meeting will be Tuesday, Aug. 29 at 1 pm. The Finance Committee reviews and discusses many issues that you may have questions about, and we welcome those questions. I would encourage all residents to become more familiar with the finances of our fantastic community. We would love to hear about your concerns and encourage you to share them with us. Attending a meeting only takes a little time and will give you a better understanding of how we operate. Come and join us in making this a thriving vibrant community. Our meetings are held in the RCN Conference Room.

If you have any questions or concerns, contact Jolene Cooley joleneaudit@gmail.com. ~ *Jolene Cooley*

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Apps Improve While Magazines Disappear*

By Steve Benoff

It's time to revisit some apps I've spoken of in past articles. Hopefully the reasons will become clear.

Sometimes I get referred to apps with no comment from the person who sent them to me. That is not what I hope for when I ask, at the end of every monthly column, for "apps you'd like to share with others." I want to know your opinion of these apps – why you like or dislike them.

Nevertheless, quite a while ago someone suggested several apps one can use to identify plants and trees. No comments accompanied the referral – only a suggestion to try them. I actually did try to use them, but they required payment to truly put them to a test. What little progress I made didn't result in anything useful. So, I gave up.

Well, it turns out that Apple apparently has come to the rescue. And how did I make this discovery, you are no doubt asking? To answer that I'll have to go into disclosing a personal preference of mine. When it comes to magazines, I prefer the printed page to a digital device.

I know this comes as a shock to you since I've shared my fondness for reading the *New York Times* on my phone and my absolute conversion from printed books to reading books on my Amazon Kindle and my Kindle app on my phone. For one thing, magazines are filled with picture, and I prefer to view pictures in a larger format than my phone's screen. Of course, I could use a tablet, but I just haven't developed a fondness for tablets.

But one problem with printed magazines is that they keep disappearing. My wife loves decorating magazines, but over the last few years several stopped publication. I love bicycling, audio/video, and car magazines, but excellent magazines like *Automobile*, *Peleton*, and several A/V mags have disappeared and others like *Road & Track* and *Sound & Vision* no longer publish monthly. So I've been on a quest to replace these lost magazines with acceptable replacements. I obviously like digital technology. I used to read *PCMag* religiously, but it's now only available digitally. So, when a recent search revealed a magazine called *Mac Life*, I subscribed immediately.

My first issue of *Mac Life* focused on the myriad changes to Apple's Mac and iPhone/iPad operating systems. Among these changes was a very interesting one to Apple Photos. Those leaf and tree apps suggested to me may now be obviated by this new feature.

I'll quote *Mac Life* – "Take a photo of a plant, or open one in Photos. Tap the 'I' with a star. Look for the leaf icon on the photo and tap it. The Visual Look Up window should open with Siri Knowledge showing what it thinks the plant is."

I took two photos to give it a try. The first was a dead leaf on my front lawn; the second was a living plant. When I looked at the first photo on my phone, I tapped the circled-I but could not see anything that looked like a leaf icon. I guess Photos didn't recognize the subject of the photo as a leaf. The second photo did show a leaf icon

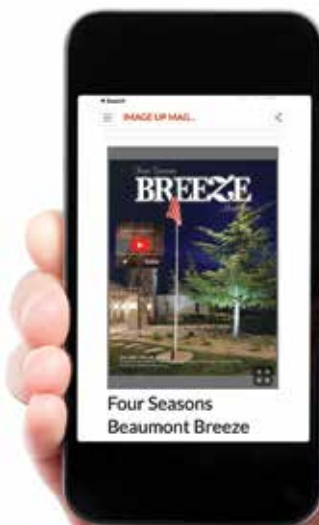
and pressing it revealed several suggested plants. I like this feature and don't see the need to pay for an app that does the same thing. By the way, I looked at these photos on my Mac computer and couldn't duplicate the features offered on my phone.

Speaking of added features to iPhone apps, I refer you to Apple's Weather app. I admit to taking this app for granted. If you've used this app, as I do daily, you know that you can see hourly weather for the current day. But I discovered by accident the coolest new feature. If I tap one of the 10 days in the forecast, a graph of weather for the day is displayed. Furthermore, if you run your finger along the bottom of the graph, you can see temperature and weather conditions for any time within that day. Now when I see a chance of rain for a given day, I can see when in that day the rain is predicted. This is most important to me in planning my bike rides.

If you scroll to the lower part of the Weather screen, you'll see lots of helpful information – a precipitation map, UV index, sunset and sunrise times, wind speed and direction, humidity, visibility, barometric pressure. And there's even a place to "Report an Issue." From time to time, I've noticed the weather on the app didn't mesh with what I experienced at my location. For example, having the app say it's raining when it's perfectly dry where I am. Now I have a way to report this difference. Thank you, Apple, for improving an app that was already quite good. (Apple doesn't always hit a home run with its app revisions, but I'll save that for another day.)

Sadly, I have to report that *Mac Life* has also ceased publishing a printed edition. This suggests the question: who/which is going to die first – me or my last printed magazine?

If you use an app you'd like to share with others, let me know at steve.benoff@verizon.net.



*Editor's note/cheap plug:
The *Breeze* is not disappearing...
and you can read the *Breeze*
on your smartphone at www.imageup.uberflip.com and enjoy
some hidden goodies.

Sudoku

If you are a beginner at playing Sudoku, here is a brief tutorial.

Sudoku is played on a grid of 9 x 9 spaces. Within each row and column are 9 squares made up of 3 x 3 spaces. Each row, column, and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column, or square.

If the instructions above are not sufficient, simply Google "Sudoku for beginners." There are loads of instructions from novice to expert.

If you're new to Sudoku or have questions, message us at rwgeiser12@yahoo.com or call (406) 261-3759.

Puzzles created by Ray Geiser. Solutions on Page 70

						1		5
2					7	9		
			6	9	3			
		1		7	4	3	6	
3								9
	6	9	1	3		5		
			3	4	5			
		8	7					1
9		2						

MEDIUM

		8	5				2	
	5			4				7
			8		3			
		5	3		4			6
		2				9		
3			9		5	8		
					6			
7				5			1	
	3		2		9	6		

EASY

4				5	7			
	6		2	3			5	
					8			
	3	8				6		
	9						3	
		1				2	9	
			6					
	4			8	2		6	5
	8		4	7				9

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EXPRESSING GRATITUDE

I have been so blessed to have such caring, kind, and thoughtful block captains — Cheryl, Christi, Linda, Maureen, Patricia, and Yvonne — who never miss all the happy occasions. They put U.S. flags in the front yards on national holidays and share delicious goody bags for birthdays and holidays. It gives us happiness to live on their blocks - THANK YOU! Their deeds are above and beyond. I am totally grateful. Theresa C. Lee.

The Amphitheater team would like to express their sincere appreciation to the audience participants for leaving the grounds so clean this season. After we help the band set up, greet you, pass out your raffle tickets, and enjoy the concert with you, we clean up the grounds. You have left the grounds so free of trash that we can go home a bit earlier and happier. Thanks for being such a responsible and great group. Mary Christelman

Lupe - thank you so much for the setup in the RCN. I usually have to adjust the chairs before I set up the decorations but it was PERFECT. You also got me the carts and the trash cans. I can't tell you how your attention to detail is appreciated - more than you know. Thank you! Eileen Gilbert Antoine

When my neighbor Peter Jackson repaired a clogged drain pipe, I asked if I could take him and his wife to dinner or purchase gift cards for his thoughtfulness. His reply, "Smile. That is my thank you." Sharon Orr

Kudos! Brandon Arner is wonderful. Thank you for always being quick and eager to help. Anonymous



If you have seen an act of kindness or have received one, please share with the community. Let's spread gratitude!

Email your gratitude to FourSeasonsNews@yahoo.com or go to The Lodge Lobby and fill out a gratitude note and put it in the box marked "The Box of Gratitude." Thank you.

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Pets On Parade

To have your pet featured in Pets on Parade, please send a high resolution photo with a caption to FourSeasonsNews@yahoo.com. Please put "Pets" in the subject line.



Our Pepper showing us how to retire. Submitted by Darriel and Raul Bautista



Kelsey celebrated his first birthday on July 25. Here's his favorite place in our backyard, greeting our neighbors. Submitted by Harriet and Dan Hagens



Our beautiful Natasha. Submitted by Morgan Crawford



Perla. Submitted by Morgan Crawford



Axel Stratton, my nine-year-old Havanese mix, is ready for his daily walk. Submitted by Linda Stratton



Fabio, found in a field, was rescued by Lizzie Gallegos two years ago. His PTSD has improved with lots of love. Submitted by Lizzie Carbajal Gallegos



Hi there! I'm "Gigi" - just chillin' and relaxin' on my patio. Want to join me? Submitted by Judith Pasquarella



Maggie Mae Rose Ramirez is 10 weeks old. Proud Momma Leta Ramirez loves her much needed bundle of joy!

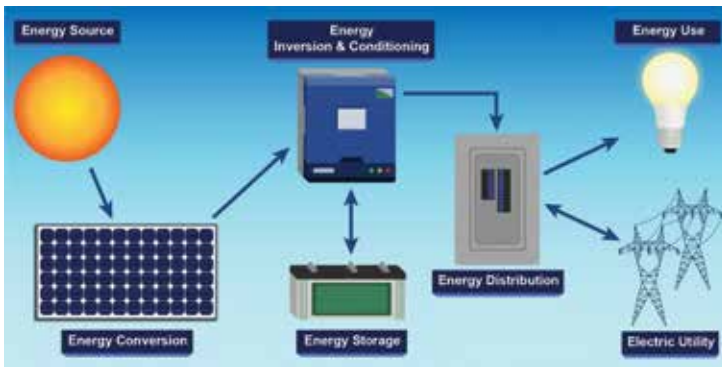
LIVING ON THE GRID

By Bruce Hammett

God said LET THERE BE LIGHT, and that sun creates the wind and the solar energy that we heat with, generate electricity with, store and consume.

Except for stand-alone applications, designs for renewable energy generating systems remain useless without baseline energy grid to integrate into and are generally forced to turn off when a grid is saturated. The national grid (the reservoir) has historically been the storage vessel and simultaneously the source needed for frequency and voltage capacity for synchronization of renewables to the grid and without it, re-generators do nothing.

In 1881, an inventor discovered that we could turn sun energy into electrical generation. Solar is now the lowest cost form of electrical generation. But converting light into electricity has only recently become competitive with rotating electrical generation. Scientific advances converged in many other technologies to make solar electrical energy viable and cheap in the 1990s, which exploded in roughly 2010 into what we see as home, commercial, and utility scale applications. Simultaneous development of the modern electronics capabilities, computer-based technology, and other engineering applications bring us to today. But solar energy is DC, suitable for battery charging and limited DC applications. Thus, DC needed to be converted to AC energy with automatic conversion to the voltage and frequency of the grid so that our refrigerators and air conditioners could be used without self-destruction. That miracle-cure was an electronic product called power control inverter making it possible to electronically convert the DC energy into a reliable, perfect AC wave.



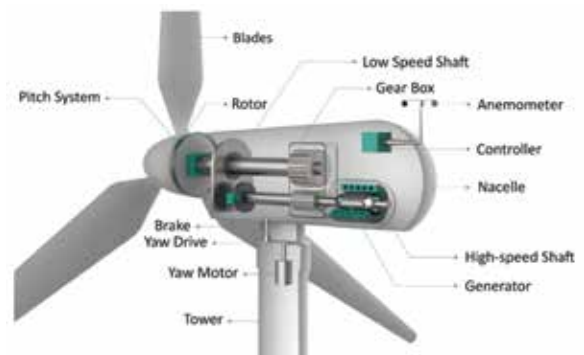
At the end of the 1880s, two engineers, Thomas Edison and Nikola Tesla, began manipulating magnets and electrical wires to create rotating electrical fields called motor-generators. Tesla developed AC electricity and Edison offering DC electricity. These rotating machines convert any power source into electricity. The search for lighting became our national grid.

Today's normal utility grid capacity overwhelmingly comes from thermal steam-powered generators and hydroelectric dams that use motor generators to generate baseline voltage and frequency power. Hydro generators use stored water from rivers, dams, and other large power plants are fueled by petroleum-based gas and diesel fuels, natural gas, coal, wood, trash, and nuclear-type steam boilers. The steam is introduced into spinning turbines which connect to a

generator. That is how we get our baseline frequency and voltage making great use of inverters.

Modern wind-turbine generation uses electric generators very much like those that Edison and Tesla designed. By example, plug a common house fan into a wall socket to measure the performance, you might find that it creates wind at six miles per hour (mph) and consumes about 2 amps. Put that fan into a six mph outdoor breeze and it would consume zero amps because the wind is doing the work. Now place the fan into a 12 mph wind. It will try to overspeed but is held back by the voltage and frequency of the grid. You will likely see up to 2 amps, but it is flowing back into the wall in reverse direction, now generating, not consuming. What you have is effectively show how modern wind energy plants work.

Arguably, wind turbines do not create electricity. They use the voltage and frequency of the grid to deliver amps in the form of kilowatts. Nearly 98 percent of the 1980 to 1995 vintage turbines would overspeed standard AC motors which would generate current back into the grid. Propeller pitch would control the overspeed to not burn up. Thereafter the systems are more efficiently regulated with computers and inverters.



Batteries are now common form of stored DC energy. We use it to provide emergency backup storage in our houses AND to provide emergency capacity for the grid. Modern storage plants use inverter technology to integrate with utilities. Automobiles store DC in batteries but use inverters and AC motors to move. Large wind turbines now are utilizing inverter technologies to convert AC to DC and back to AC making local DC storage viable and more useful to the grid.

In the next article we will answer the questions of who owns all this technology and where it is located.





Oriental Pasta Salad

This month's recipe was submitted by another Four Seasons home chef, Marty Rotman. This noodle salad has become his signature dish at potlucks. It is absolutely delicious.

Many thanks to all our home chefs who have answered the call to submit family recipes. I am enjoying reading and trying each and every recipe. Keep those recipes coming. If you have a family recipe that you would like to share, send a copy of the recipe to me at irenewelker55@gmail.com. Include the complete recipe, your name, telephone number, and why this has become a treasured favorite. Serves: 4; Prep Time: 5 minutes; Cook Time: 10 to 12 minutes; Chill time: overnight; Total Time: 17 minutes plus chilling time

If you have any questions, please feel free to call or text me at (951) 275-7081.

INGREDIENTS

- 8 ounces thin spaghetti
- 1/4 cup corn oil
- 3 Tablespoons sesame oil
- 1 teaspoon crushed red pepper
- 3 Tablespoons honey
- 2 Tablespoons soy sauce
- 1 teaspoon salt
- 2 Tablespoons chopped cilantro
- 1/4 cup chopped green onions (about 2 or 3 onions)
- 1/2 cup chopped peanuts
- 1 Tablespoon sesame seeds (optional)

DIRECTIONS

1. Boil spaghetti, drain, and set aside.
2. Combine corn oil, sesame oil, and crushed red pepper in a bowl. Microwave for about one minute, until hot. Remove from microwave and add honey, soy sauce, and salt mixing well. Set aside.
3. Place drained spaghetti in a medium bowl. Add cilantro, green onions, peanuts, and sesame seeds and mix. Add the sauce mix until everything is combined.
4. Refrigerate overnight. Mixing well several times to be sure the spaghetti is completely marinated in the sauce.

Note: To double the recipe, just add an additional one tablespoon of honey and one tablespoon of soy sauce. Enjoy!



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CARS & COFFEE

July's Cars and Coffee gathering was great! About 30 cars, trucks, and hot rods showed up. The warm weather seems to bring the beautiful rides out of hibernation in their owners' garages.

There were two car shows held in June: The Summer Field of Redlands Car Show and the The Lakes Assisted Living Car Show. Our club made a strong showing in both shows. Yours truly won third place with my 1977 Corvette at the Redlands Car Show and Gilbert Morales won first place with his 1946 black Chevy at The Lakes Assisted Living Car Show.

The Fourth of July Golf Cart and Classic Car Parade went off without a hitch. Judging by the response and cheering from the residents along the parade route, I can say that this parade was a huge success. With more than 45 golf carts and 20 plus cars, all decorated in red, white and blue, it was a sight to behold. A huge thanks to the FirstService staff for coordinating traffic. This made the parade

procession move at a steady and safe pace.

We meet the first Saturday of each month at 9 am at The Lodge parking lot. Our next meeting will be Saturday, Aug. 5. Please join us for coffee and donuts. For more info, please contact Frank Morales at (951) 203-4578 or fmoralesjrinc@aol.com or Rick Morales at (951) 255-4710 or onemth53@yahoo.com. ~ **Frank Morales**



Cars and Coffee members



Fourth of July car parade



Gilbert Morales won first place with his 1946 black Chevy

TAILS & TRAILS - ALL PETS

As the weather kicks it up a notch, the natural tendency can be to get everyone up and out of the house, pets included. While spending more time outdoors can be a great source of fun, remember that hot weather is not always easy on our pets. To help your pet get the most out of their summer, you'll want to be prepared on how to keep your pet safe in the summer heat.

Pets are smarter than we give them credit for and prefer staying at home and lying on cool surfaces (like your tiled kitchen floor) in the heat of the day. Save your outdoor time with your pet for early in the morning or in the evening once the sun has set. By taking your daily walk, run, or visit to the park before, or after, the sun is at its hottest, your pet will be less likely to overheat and the ground will be cooler on the pads of their paws.



One big mistake owners make is leaving a pet in a closed car on a sunny warm day when the temperature in your car can rapidly climb to over 140 degrees. The best solution, do not leave your pet in the car. As much as your pet may love riding in the car or spending time with you, avoid any potential issues by keeping them safe and cool at home.

Panting is effective in allowing animals to cool down because it helps evaporate fluids from the respiratory tract. You can help replace these fluids and prevent dehydration

by leaving out water throughout the day. You should always make sure that you have a cool, shady spot with clean water for your pet when hanging outdoors during the summer.

Symptoms of heat exhaustion include excessive panting, labored breathing, increased heart rate, increased respiratory rate and drooling. Finally, many pet owners incorrectly think that shaving their animals will help cool them down. In reality, your pet's coat helps insulate them from high environmental temperatures and protects them from sunburn. Trimming long hair is perfectly fine, but leave at least an inch or so of fur behind. Pets with thick, double coats generally shed their inner layer of insulating fur for the summer. Brushing your cat or dog more often to help remove loose fur can also help prevent overheating. ~ **Vivian Walker**, vivr@sbcglobal.net

BIRDING CLUB

In the heat of our summer, it can seem like both people and birds are on vacation. But actually, there are still birds around. They are just quieter in July and August after the young have hatched, and they have different jobs to do. They don't need to sing to attract a mate or defend their territories quite so much, but they still call to each other to warn about predators and to teach songs to the babies.

Their big job for the summer is molting. Birds have to replace all of their feathers because they have worn out over the last year. While growing new feathers, they can't fly as well and are more vulnerable, so they hide quietly in the brush. Even our Four Season mallards that hang out at the windmill and the pond on Trail A are unable to fly for about a month. The male duck loses his bright colors and looks brown and gray like the female. These birds and others might look scruffy, but they are just getting ready for migration, if they are birds

that move with the fall, and then for pairing up with a new round of nests and eggs and babies to feed and teach.

You can still see and hear birds if you're patient, especially if you're out early. The colorful pictures here were taken on a warm day at Big Morongo. Gerrie Karczynski, our leader, reports that there are still cool morning spots and lots of birds to see at Whitewater. Of course, if you get to the beach, you'll have a chance to watch shore birds like California Gulls and Brown Pelicans. And there's always the picnic table by the "roundabout" on Trail B, where a Great Horned Owl and baby, a Cooper's Hawk, and lots of Towhees have been spotted. Just wait and they'll come.

For more information about the club and our next bird walk, please contact Gerrie Karczynski at gerrie201516@gmail.com. ~

Kathy Hull



Oriole at Big Morongo, picture by Gerrie Karczynski



Vermillion Flycatcher at Big Morongo, picture by Gerrie Karczynski



Barn Owl at Big Morongo, picture by Gerrie Karczynski

COMMUNITY GARDEN CLUB

The Gardening Club is on hiatus for the summer months while we all enjoy the start of summer weather. We hope everyone is enjoying their vegetable harvests or beautiful gardens as the result of spring gardening efforts.

Stay tuned for news of our next speaker event on Sept. 23 and save

Oct. 20 for the annual outside dinner party with live music.

We want to welcome new members to the Garden Club Steering Committee – Margi Spies and Toni Madsen. Welcome aboard!

For information or suggestions for future topics, please contact ppwayne1@outlook.com. ~ **Pat Wayne**

BOOK CLUB

Our Book Club selection for Aug. 8 is *Lessons in Chemistry* by Bonnie Garmus. Here is a brief description from Amazon.com: "Chemist Elizabeth Zott is not your average woman. In fact, Elizabeth Zott would be the first to point out that there is no such thing as an average woman. But it's the early 1960s and her all-male team at Hastings Research Institute takes a very unscientific view of equality. Except for one: Calvin Evans; the lonely, brilliant, Nobel-prize nominated grudge-holder who falls in love with — of all things — her mind. True chemistry results. But like science, life is unpredictable. Which is why a few years later Elizabeth Zott finds herself not only a single mother, but the reluctant star of America's most beloved cooking show *Supper at Six*. Elizabeth's unusual approach to cooking ("combine one tablespoon acetic acid with a pinch of sodium chloride") proves revolutionary. But as her following grows, not everyone is happy. Because as it turns out, Elizabeth Zott isn't just teaching women to cook. She's daring them to change the status quo. Laugh-out-loud funny, shrewdly observant, and studded with a dazzling cast of supporting characters, *Lessons in Chemistry* is as original and vibrant as its protagonist."

Our meetings are held on the second Tuesday of each month at 9:30 am in the RCN Room #3, and someone volunteers to lead the discussion about the book we have chosen for the month.

For more information about the Four Seasons Book Club or to get on our mailing list, please contact me at michelesrosen@gmail.com. ~ **Micki Rosen**





PERFORMING ARTS CLUB



Our next meeting will be in The Lodge Game Room on Monday, Aug. 14 at 6 pm. Everyone is welcome to a club meeting to socialize, enjoy some snacks, and meet new residents. Besides general business, our President Pat Wayne usually has something fun planned with audience participation. We continue to grow as a club, offering free entertainment to our Four Seasons community with various shows throughout the year.

We will be presenting two Old Time Radio Shows on Saturday, Aug. 26 in The Lodge Ballroom: *Guns, Smoke and a Burns and Allen Comedy*. This show is directed by Tom Wasco. Mark your calendar to attend and witness both drama and comedy from your fellow

residents. The cast is a hard working group and would enjoy your support. Tickets will be available at no charge Aug. 7.

Our next event is the hugely successful second rendition of *Name that Tune* to be in The Lodge Ballroom on Friday, Sept. 22 at 6 pm. So again, circle this date for this fun time. Karen Belcher will reprise her wonderful performance as the director, producer, and event coordinator for the evening. The theme is "Rock and Roll" so get your thinking hats on.

To get on our mailing list or for more information, please contact Marianne Bugni, PAC Coordinator, at (920) 517-2739, email lamarib77@gmail.com. ~ *Marianne Bugni*

*The
Amphitheater
presents
"Woodstock
West"*



AMPHITHEATER

Hey man! Put on your bell bottoms, get in your VW bus, and head to the Amphitheater because it is going to be "Woodstock West" on Sunday, Aug. 13. Even if you didn't attend the original or see the movie, our band for the evening is going to bring it all back.

The Woodstock Tribute band has a unique theme that will take us all back to 1969 when the counter-culture music was at its peak. The band will feature huge acts from that special festival including Jimi Hendrix, Janis Joplin, Jefferson Airplane, Joe Cocker, Canned Heat, Creedence Clearwater Revival, and Crosby, Stills and Nash.

We will be having some special activities to make this evening unforgettable. There will be a 60s costume contest with a prize for the best costume. We will have a big screen set up so we can show off our pictures of when we were all young and crazy. Please send pictures to Cindy Graves at The Lodge, cindy.graves@fsresidential.com (the more the better).

Mike at the Bistro will have his team out with hamburgers, hot dogs, chips, cookies, and margarita mix for sale.

Chairs can be set-up anytime after The Lodge opens on Sunday morning. Please no blankets as placeholders. It's the "Summer of

Love" so be kind to each other. Glass bottles should be in a cover.

So let's make it the "Dawning of the Age of Aquarius" at Four Seasons and get our friends and neighbors to come down and enjoy the fun at the Amphitheater. The concert starts at 7 pm. See you there, groovy people. ~ *Mark Lassen, lassenqa@aol.com*

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Cowboy David Burchart wowing the crowd



Janice and Peter Tummler celebrated their 59th Anniversary at karaoke!



Elvis Bill busting out some Love Me Tender

KARAOKE

We tried something new for karaoke. I set the seating so the singer was “in the round” and people loved it. The forum was much more intimate and people felt much more part of the action. The singers seemed to like it as well. I will use this format for the Saturday karaoke nights and keep the standard configuration for the Tuesday

night karaoke. I am using the program Kara Fun for my music which you can also access at home if you want to practice before karaoke night and know it will be the same version. If you have any questions, please call me at (909) 712-2292. ~ **Dave Rohrbacker**, dave.rohrbacher@icloud.com



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LET'S DANCE!

In August, we continue to cover Country Western. We will provide an overview of many of the most popular Country Western dances: The Ten Step, Cowboy Cha Cha, Two Step, Texas Two Step, Cotton Eyed Joe, Waltz Across Texas, Country Western Swing, Country Western Waltz, and, of course, the Barn Dance.

Although some of these dances can be done as a line dance, we will show you how they can be done as a couple's dance. This is always a lot of fun, very relaxed and easy.

These classes are for all levels, just plan on two hours and don't worry, we'll give you breaks. We have decided to focus on Two Step for the first section, and various dances in the last section. Leaving it somewhat open for the class' interests.

You will be able to try out your new dance moves when we go to the Brandin' Iron as a group at the end of the second month's session.

Wear your boots, jeans, and hats and come have a good time, ya' hear.

Let's Dance Social Dance Club meets in The Lodge Ballroom every Monday evening with FREE open practice and review from 6 to 6:30 pm. The cost is only \$10 per person for professional instruction, and

you are welcome to stay for the entire session. The instructors are flexible and adjust to the needs of the class.

For more information, please contact Brian Fusilier (909) 215-2778 or Lisa Johnson (714) 322-8877. See you on the dance floor. ~

Lisa Johnson



Dancers Julie and Mike McGrath with the background compliments of Tom and Catherine Powers

COUNTRY LINE DANCING




Music is the universal language. No matter where you are when music is playing, people are smiling, toes are tapping, or fingers are snapping. Different people like different types of music. Their dances are different too. When I visit Texas, they do other dances to some of our favorite songs. And I struggle to pick up the steps even though I know them, they are just in a different order. It takes several "walls" of dancing before I feel comfortable with the dance. It is a challenge to both my feet and my brain.

Although I am leaving at the end of the year, I have decided to teach one more very-beginner class. It will be a 30-minute class beginning Aug. 1 at 3:30 pm in The Lodge Ballroom.

It will be a five-week class. I will teach you one step at a time for each dance. All dances will be beginner dances concentrating on the basic steps of line dancing. At the end of five weeks, I will decide if the class needs to be extended. Whether you only want to learn basic dances for a wedding or party or want to start and go on to more line dances, this class will teach you the basic steps. Please call or text me if you are interested in the class.


I am looking for someone new to teach the Tuesday Line Dance Class. Although I still love to dance, I have decided to retire at the end of the year. After teaching dance for 13 years here, I have other interests I want to pursue. If you have any interest in teaching, or have questions, please contact me. The dancers in this class are wonderful, friendly, and love to just dance. They are also very good dancers.

Hope to see you on the dance floor. ~ *Martha Franck, marthafanck@icloud.com, (714) 345-8588*



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STEP-IT-UP LINE DANCING



It has been a very busy month for Step-It-Uppers. We had a field trip to Boot Barn the day they opened "Boot Barn or Bust" and did some parking lot dancing before a lot of shopping. What an awesome store! We had a crazy 'shot glass' Wednesday night where everyone brought their special shot glasses to show off before we learned a new dance. We also had a really great turnout for our potluck Barn Burner with a huge assortment of tasty food, and all types of great dancing all night. Thanks again to all who helped to make the night a success. I'm exhausted after all of the fun ... We will start learning some new dances this month so get those new Boot Barn boots ready. Classes are held on Mondays at 1 pm for basic beginners and 2 pm for improvers. Wet 'n Wild Wednesdays, which are a repeat of Monday's class dances, start at 6:30 pm. If you have any questions, please contact me at (949) 326-3133. ~ *Janine Rohrbacker, etgrad76@icloud.com*



Boot Barn or bust field trip



Wet 'n wild Wednesday night folks having fun



Cowboys and Cowgirls gettin' down on the floor at the Barn Burner

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AFRICAN AMERICAN CULTURAL CLUB

Women's Equality Day is celebrated every Aug. 26 in the U.S. This day commemorates the passage of the 19th Amendment to the U.S. Constitution, granting the right to vote to all women. The Amendment was first proposed in 1878 but did not pass the House and Senate until 1919.

It took another 15 months before it was ratified, and finally become law in 1920; this Amendment changed Federal Law and the face of the American electorate forever. Aug. 26 is also known as Women's Suffrage Day.

Women's Equality Day is all about celebrating equal rights, but it is important to note that when women first won the right to vote more than a century ago, equal rights were not so equal. A fight for equality on the surface had more than a few racist caveats tacked on.

African American women, though often overlooked, engaged in significant and political reform efforts leading to the ratification of the 19th Amendment. From the earliest years of the suffrage movement, black women worked side by side with white suffragists.

But by the late 19th century, as the suffrage movement splintered because of the issue of race in the years after the Civil War, black women formed their own organizations to continue their efforts to secure the rights of black women, and black men. In 1896, the

National Association of Colored Women (NACW) was founded with a motto of "Lifting As We Climb."

Unfortunately, some states continued to pass laws that discriminated against African Americans that limited their rights to a fair and equal voting process.

But because they were "hungry for their rights," tens of thousands of African American women and men, worked for several decades to secure their voting rights, and, in 1965, the Voting Rights Act passed.

As we commemorate the anniversary of the ratification of the 19th Amendment, we honor the brave heroes who tore down the barriers that prevented women from voting as they used their voices in the fight for equality.

It would be impossible to thank all of those who fought in the suffrage movement, so on this Women's Equality day we honor six heroic figures in the Women's suffrage movement. Sojourner Truth; Frances Watkins Harper, Susan B. Anthony, Mary Church Terrell, and Frederick Douglass.

For information regarding the African American Cultural Club and upcoming events, you may contact Ms. Wanda Valentine, President, at (951) 544-1606. ~ *Jacqueline White*

ITALIAN AMERICAN CLUB

In last month's *Breeze* article I could not say which team prevailed in the Matzoh Balls and Meatballs competition. Well now we have the results. The Meatballs won beating the Matzoh Balls in a closely contested competition.

It was great fun watching the star athletes from both teams competing in bocce ball, corn hole, water balloon toss, and the team race balancing a golf ball on a spoon. Lots of laughs, camaraderie, and great friendship between the competing teams.

Barbecued hot dogs and hamburgers, along with lots of side dishes, were prepared for after the competition was over. Both teams got lucky weather wise because it was cool all day and rained after the competition was over.

The July meeting of the Italian American Club on July 13, 2023 at The Courts found our club enjoying a potluck, but as an extra treat, the Happy Camper Food Truck was selling gelato from 6 to 8 pm. Many of our club members enjoyed the evening planned by Barbara

Dipoma and her Steering Committee. The club members managed to consume a lot of the gelato made by the Happy Camper Food Truck, and also a number of residents passing The Courts during the evening stopped by and purchased gelato. It was an enjoyable evening for all who attended.

The Steering Committee and Barbara are working on the August club meeting. As of this writing nothing has been finalized for the meeting at The Courts.

The Italian American Club is open to all residents of Four Seasons. You do not have to be Italian to join our group or come to our meetings. We would love to have you come and visit with us.

To all our members and everyone at Four Seasons, we hope we will see you soon at one of our meetings.

Non Vedo L Ori Di Vederti Presto (Looking forward to seeing you soon). ~ *Barbara Dipoma, (805) 377-2616 and Jerry Monahan, (951) 212-8898*

FOUR SEASONS VETERANS PARK

The Veterans Club meets on the fourth Thursday of each month at 11 am in the The Lodge Game Room. Please try to be there on Aug. 24.

The American Flag at the Veterans Park was replaced on July 1st and the tattered one retired. It will be delivered to the Redlands Veterans Club for proper burning.

August birthdays are: Aug. 4, U.S. Coast Guard Day; Aug. 7, Purple

Heart Day; Aug. 16, National Airborne Day; and Aug. 29, U.S. Marine Corps Reserve birthday.

At the Veterans Park, displayed flags in August are Purple Heart heroes and Man's Best Friend during the dog days of August when the dog star (Canis Major) is visible. ~ *Len Tavernetti, ltavernetti@hotmail.com*

CLASSIC FILM GROUP

This summer, the last war on Earth won't be started by humans.

Join us for the 70th anniversary of H.G. Wells' science fiction thriller *The War of the Worlds* at The Lodge Theater on Aug. 22 or Sept. 5 at 6 pm.

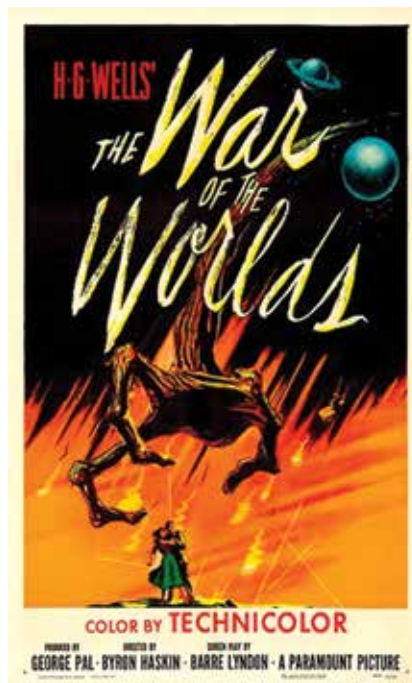
A small town in California is attacked by martians, beginning a worldwide invasion.

H.G. Wells' classic novel is brought to life in this tale of alien invasion. The residents of a small town in California are excited when a flaming meteor lands in the hills but their joy is tempered somewhat when they discover that it has passengers who are not very friendly.

The martians unchain a direct assault to our planet, with hundreds of invulnerable ships. The invasion takes place all over the world, and all the major cities are destroyed, one after

another — even the atomic bomb can't stop them. But if the humans can't beat them, who can? Maybe something MUCH smaller ...

The War of the Worlds was a Halloween episode of the radio series The Mercury Theatre on the air directed and narrated by Orson Welles as an adaptation of H. G. Wells's novel *The War of the Worlds* (1898) that was performed and broadcast live at 8 pm ET on October 30, 1938 over the CBS Radio Network. The episode is famous for inciting a panic by convincing some members of the listening audience that a martian invasion was taking place, though the scale of panic is disputed, as the program had relatively few listeners. ~ **Paul Plamondon**, 4seasonsmoviegroup@gmail.com



WEDNESDAY MATINEE: Come and watch old Western movies! On Wednesday, Aug. 7, starting at 2 pm, we will be showing *The Magnificent Seven* starring Yul Brynner in The Lodge Theater.

COUNTER CULTURE CINEMA

The club has screenings on the second and fourth Sundays of each month. We screen films you won't find at the big cineplexes: documentaries, indie films, foreign films and other little gems that don't get wide release.



Our first screening for the month, on Sunday, Aug. 13 at 6 pm, is the film *Living* (UK 2022, 1 hr. 42 min., English). Here is a brief description from IMDb.com: "Overwhelmed at work and lonely at home, a council bureaucrat's life takes a heartbreaking turn when a medical

diagnosis tells him his time is short. Influenced by a local decadent and a vibrant woman, he continues to search for meaning until a simple revelation gives him a purpose to create a legacy for the next generation."

Our second screening for the month, on Sunday, Aug. 27 at 6 pm,

is the film *A Love Song* (USA 2022, 1 hr. 21 min., English). Here is a brief description from IMDb.com: "At a campground in the rural west, a middle-aged widow waits for her former boyfriend, who is a widower, to arrive, uncertain of his intentions while bashful about hers."

All of our screenings are followed by lively discussion about the film; we'd love to have you join us. The Lodge Theater has very limited seating, so if you're interested in our screenings, come early; we hope to see you there. Please note that all films announced are subject to availability. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please email Micki Rosen at michelesrosen@gmail.com. ~ **Micki Rosen**



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“BELIEVE ...” WOMEN’S BIBLE STUDY

What a nice reprieve it is to attend “Believe ...” Women’s Bible Study, especially when the outside temperatures are soaring. We have an air-conditioned room, and all three of the fans circulate the cool air. Pretty nice! We also have beautiful refinished tables and new chairs in the game room, for those of you who haven’t seen them. After a unanimous vote (whether to keep the chairs and tables or to go back to rows of chairs), we are keeping the tables and chairs as they are, so it’s easier for all the ladies to take voluminous and extensive notes ~ on a table instead of a lap.

We are presently studying the Acts of the Apostles in the New Testament, and should finish this awesome book sometime around mid-December. As you read this, we are studying the many perils and successes of Paul the Apostle. After he had imprisoned so

many of the early Christians (thinking he was helping God) ~ and then to study his total turn-around and commitment to being an Apostle of Jesus Christ ~ is so profound and enlightening. We are all challenged during the lessons to really think about answers to the “why” questions. Consistency in doing that makes for an interesting and thought-provoking discussion every single week.

Sweet ladies, if you are new to Four Seasons (or not), and want to join us, please know that you will be most welcome. This is a non-denominational study of the Bible, and all versions of the Bible are relevant. We meet every Friday at 10:30 am in The Lodge Game Room. We’ll be looking for you! ~ *Eileen Gilbert-Antoine, (951) 922-6829 or egcellent@msn.com*

LIFE AFTER LOSS

The Life After Loss Group requested that the following information be posted in the *Breeze* again so others will have a better idea of how to help a friend when there has been a loss.

What can friends do?

Please do not:

1. Say nothing - it hurts when you ignore the situation/death.
2. Don’t avoid the person who is grieving. It feels like another loss.
3. Don’t say, “You’ll bounce back; you’re young.”
4. Don’t say, “Are you going to start dating?”
5. Don’t say, “Can you afford to stay in your home?”
6. It’s after one year, do not say, “You should be over it by now.”
7. Don’t say, “He/she is in a better place.”
8. Don’t say, “Time heals.”
9. Don’t say, “It’s nice you have memories.”

Some things that can help are:

Just come over.

Ask how you can help. Often the grieving person will not ask. Just do little things — get the person’s mail or run to the store for them.

1. Say, “I care and I’m here for you.”
2. Say, “We’re going to miss him/her.” Share favorite stories about the person.

3. Give a hug.
4. Bring over a casserole or some dessert.
5. Just sit, even in silence, with the person grieving. A grieving person understands that you have good intentions but some comments can hurt.

For more information, please contact Becky KG at (951) 524-0215 or email her at beckykg_1@yahoo.com. ~ *Becky Kotzin-Gustafson*

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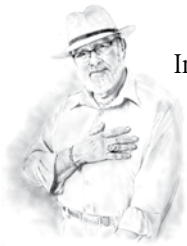
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MIXED MEDIA ARTS



In addition to offering Mixed Media Art classes twice a week, Rob Kelman is hosting paint time parties. What is a paint party? A paint party is a fun-filled two hours of creating an original painting from beginning to end. Some people bring food, others bring drinks but everyone brings a great "can-do" attitude. There are always lots of laughs and step by step instruction, too! You don't need any artistic experience but if

you have some you may want to be a bit more creative.

What is the cost? For only \$25 per person you will receive a 16" x 20" blank canvas, acrylic paints, five sizes of brushes, an apron, an easel, and a picture to help guide you.

Classes are Mondays from 10 am to 12 pm and/or Wednesdays from 6 to 8 pm. There is a nominal \$5 fee per person, per session. If you have any questions, call Rob Kelman at (951) 992-9156. ~ **Rob Kelman**



Join us on Oct. 16 for our next Paint Party!

SEASONED SOLOS

If you are single and enjoy a variety of activities, then Seasoned Solos might just be the group for you. At each meeting we discuss what is going on in the Inland Empire and plan activities, from local lunches and dinners, to excursions to presidential libraries, the Redlands Bowl, Metro Link trips into LA, and the beach train to San Juan Capistrano. There's not much that we won't consider doing. We meet on the first Friday of each month in The Lodge Arts & Crafts Room at 6 pm. For further information, call Joyce at (951) 850-3055 ~ **Nyla Cheely**



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TRAVEL GROUP

There is no regular meeting in August; however, we are taking a tour of Hollywood! On Friday, Aug. 18, the Travel Group will be hosting a Welcome to Hollywood party in The Lodge Ballroom. We will start the evening off with a wonderful dinner by Thomas Catering (and of course you may BYOB). After dinner your host will be none other than Groucho Marx and he has some surprises in store for all of us. We also have very talented singers to entertain you. Come dressed as your favorite movie or TV star and just maybe you will win a prize. Come out and have some fun in Hollywood. Doors will open at 4:45 pm. Tickets are \$50 each. Looking forward to seeing you all there. This event, as well as all travel group functions, are open to everyone.

Bev Haller from Mon Ami Travel informed us that by the end of June, all cabins for the cruise in October have been sold out. It was wonderful that Celebrity Cruises and Jeff Geston gave our

travel group all those exclusive discounts. Thank you Bev, Jeff, and Celebrity Cruises.

We have had some wonderful speakers this year and do plan on having more so don't miss your chance to find the right trip for you. Come to our meetings which are held the third Saturday of each month.

For new membership or updates to your membership, contact Irene Welker at irenewelker55@gmail.com. Write "membership" or "change" in the subject line and be sure to include your name and phone number in the message. For all other inquiries, contact Joni at (661) 390-5512 or email jonitruelsen@yahoo.com.

Remember ... life is for living, so enjoy it and travel. ~ *Joni Truelsen*

RAINBOW GROUP



The Four Seasons Rainbow Group continues in our mission to support the local residents who identify as LGBTQ+ and anyone else interested in our community. We usually meet on the fourth Thursday of the month in the Ballroom. We introduce new members, share stories or news that might be of interest to the membership, occasionally hold potlucks, and host themed movie nights. We will gladly entertain ideas from anyone.

If you haven't signed up for our email list or feel that you did but are not receiving email, please contact us at rainbowgroup@myyahoo.com. Lastly, if you haven't already joined our Four Seasons Beaumont Rainbow Facebook group, please do so. Both avenues will keep you updated on any late-breaking developments, events, and details of our monthly activity. ~ *David Esquerre*

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CROWN DIVAS RED HATS

Our June Crown Divas event was at Rusty Pelican in Newport Beach. The day was sunny and breezy. The perfect weather for lunch outside on the patio overlooking the harbor. Our view was a clear blue sky, the ocean and boats sailing by. We were greeted by a charming server named Ryan. He later told us he is also a professional magician. We started with exotic drinks. Various delightful appetizers followed. Then we ordered our entrées and desserts. Enjoying each other's company, the Divas shared conversations about past and future trips, family pictures and planned summer vacations. Our entrées and desserts were, as presumed, delicious. Ryan took our group picture and, as promised, he made us all laugh when he took it. The weather was perfect, the view was beautiful, the service was excellent, the food was delicious, and the company was fun. I guess we could say it was a magical day! ~ **Irma Romero (Sugar Mama)** Irmabsromero@gmail.com



Paul Morris - Plant



Bill Christelman - Landscape

PHOTOGRAPHY CLUB

The primary topic for this month's meeting was Astrophotography and making out-of-this world images. The meeting was to prepare for our photo outing to Joshua Tree on July 15 to shoot the Milky Way. We look forward to seeing the results at the August meeting.

Shutterfly accounts are beginning to fill as members upload pictures for different shoots. Members are encouraged to have their own "album" at Shutterfly. Thanks to everyone who sent in "Green" photos. Next month we should also have some great July Fourth celebrations and fireworks pictures.

Also, on the second Thursday of the month, the Club holds Zoom meetings dedicated to learning about Adobe editing programs (Photoshop, Photoshop Elements, Lightroom). Contact Jacque at jacquesneddon@gmail.com for details.

This month's photographs from members are two of our "Green" images, one a landscape and one a tightly focused image.

If you have yet to receive our emails, contact Jacque at

jacquesneddon@gmail.com. She will be happy to add you to the mailing list. ~ **John Baeyertz**, johnbz1453@gmail.com





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QUILTING ENTHUSIASTS

Wowzers, has it ever been HOT. Recently I was in Alabama visiting my grandkids, daughter-in-law, and son, and it was 102 degrees while I was there. The worst part was the humidity that they have there. Here in lovely Beaumont, 102 is very hot, but as they say, "it's a dry heat." I guess it's time to crank down, I mean up, the thermostat in my house from 74 to at least 78. At least I have ceiling fans, which

help. I do have to say one thing and that is it's time for more sewing. Sewing, that is, under the A/C vent. Maybe it's pool time, or a trip to Big Bear Lake; it all depends on your definition of cool.

I'm heading to the Long Beach International Quilt show this week. I'll share some pictures for the September *Breeze* so watch for those.

~ Mary M. Moody-Cox, marymoodycox@gmail.com

Great photos make stunning quilts, like this photo by Daniel Forster, showcasing the poppies of Arizona this past spring



This quilt was made by Mary M. Moody-Cox for her grandson's bed. It is lying on a California King bed, for a size idea. It's called a One Block Wonder and the actual fabric used is in the border. Each Hexie is different.

CERAMICS CLASS

Happy August! Ceramics Class has something for the novice crafter who is looking for a new hobby and a crafter who has experience and wants to create unique designs or pieces for friends and family. In addition to individual projects, throughout the year we offer class projects to teach new techniques.

Come and join in the fun. Drop by the Arts & Crafts Room to see our monthly ceramics class schedule and learn more about our

upcoming class projects. We meet Wednesdays from 1 to 4 pm. Please see the class schedule for any exceptions.

A certified instructor and/or an experienced team lead is available to support your crafting needs. Participation is at your own pace and frequency.

Call Loretta Ramsey at (714) 803-6744 or Brenda Ystrom at (909) 910-1100 for more information. ~ **Brenda Ystrom**

CRAFT GROUP

Don't miss out on some fun! Join us on Thursdays at 10 am in The Lodge Arts & Crafts Room. For more information, contact me at christimason02@yahoo.com or (951) 486-1091. ~ **Christi Mason**

KNIT & CROCHET GROUP

We meet Tuesday mornings from 10 until 11:30 am in the Arts & Crafts Room. We welcome all levels of knitters and crocheters to join us. We also welcome anyone interested in learning how to knit or crochet. Please email me if you have any questions. ~ **Marlene Doyle**, marlened3333@gmail.com

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CRAFTY CARDMAKERS

The Crafty Cardmakers meet on the second Friday of the month. We make three cards, all occasion, and you only need to bring your own glue and scissors. The cost is \$10 to cover materials. Your cards include envelopes and will be ready to mail.

We have a wonderful group of participants and would love to have you at our next class. If you would like to be part of the group, call or email me with your name, phone number and email address to be put on our monthly emails.

If you plan to come to class, please RSVP by the Tuesday before the class so we will have enough kits for everyone.

RSVP to Patty Grana by calling or texting (626) 862-2652. ~
Maryalice Chorba

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TASTE D'VINE

We are stepping outside our comfort zone and trying something new for August. Champagne is a white sparkling wine that is associated with celebration and regarded as a symbol of luxury, typically from the Champagne region of France.

Join us for our August meeting as we explore Champagnes, or as some may know it, sparkling wines. These wines might just be the most technical of all the wines in the world. The reason most sparkling wine is so complex is because of the need for two fermentations: one for the wine and one for the bubbles.

Wine Club member Tom DePaola will guide us through four different sparkling wines. Learn about the process, styles, and the all-important bubble size.



We will be joined this evening by Major Marlo Fleck, United States Air Force Reserve. Major Fleck graduated from the Air Force Academy in 2008. She went on to pilot training and graduated in 2010. She has been stationed stateside and in Okinawa, Japan. She finished her active duty commitment in 2020 and

is currently a reserve officer stationed out of March Air Reserve Base. When she is not flying for the Air Force, she is flying for American Airlines.

Come join us for some special sparkling wines and an insight from a woman pilot.

Unfortunately, we will not be providing caviar. ~ *Gino Domico*, gdomico@gmail.com

FOUR SEASONS SINGERS

We are getting ready to start the Four Seasons Singers on Monday, Sept. 11 after our pandemic hiatus. Please start to show up after 3 pm, but be ready to sing by 3:15 pm. Since it is only one month before rehearsals begin, please practice diaphragm breathing. Singing out loud – even in the shower or with the car radio – is encouraged! If you haven't contacted me, please just come to the Ballroom for our first rehearsal.

If you would like to join the Singers, would like to be included in my email list, or if you have questions about the Four Seasons Singers, call (951) 797-3466 or email me at bawasco@dc.rr.com. ~ *Barbara Wasco*

CLASSICAL MUSIC CLUB

We are classical music lovers with an interest in sharing our love of, knowledge about, and interest in classical music. We meet on the second Thursday of each month at 7 pm in The Lodge Theater. We listen to and watch musical selections on the big screen. Each month we focus on a particular work or several selections of one composer. We also discuss current musical performances in the area. We welcome new members. Contact Steve Benoff at steve.benoff@verizon.net or (310) 413-4896. ~ *Steve Benoff*

HANDBELL CHOIR

As I write this article, it is only 23 weeks until our Handbell Christmas concert, Dec. 14, and only a few weeks until we start to practice, Aug. 23. Are you interested in joining us? Can you read and count music? Are you available on Wednesday afternoons from 2 to 3:30 pm? If the answer to these questions is yes, then we would love to see you.

For more information call Kathie Sundstrom at (303) 903-6850 or email me at kathryn.buck@comcast.net. ~ *Kathie Sundstrom*





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PADDLE TENNIS



*Wonderful
folks from
paddle
tennis*

Despite the heat, July 1 brought out Paddle Tennis enthusiasts for our Round Robin Luck-of-the-Draw Doubles Tournament. This was a casual yet competitive tournament. Seasoned and new players joined in the fun. Tournaments are a great way to showcase your skills and enjoy the sport with other enthusiasts. We had 16 players, and all were cheered on by family and other players.

A big shout out to the tournament planning committee and to all who helped out during our tournament. With your help, it was a great success. Also, thanks to our players that stepped in to substitute at the last minute. Snacks and refreshments were provided by the planning committee. A big thanks to Howard who volunteered his

photography skills.

Our first place winners were Jerome and Stan, and "I almost won" Tim and Alan.

We welcomed our three new players: Larry and Bernadette Martin and Bruce Karp.

We have a fantastic group of players, so come on over and join in the fun. Currently you will find games starting at 6 pm on Mondays, Wednesdays, and Fridays and some on Saturdays and Sundays. No reservations required. We are more than happy to provide some lessons. ~ *Lizzie Carbajal Gallegos, ecgallegos@outlook.com*



(L-R) Ali with winners Jerome & Stan; runners-up are Alan & Tim



Paco returns a serve & Tito ready for opponents' return



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Singles Tournament: (L-R) Bob Rubenstein, Steve Rodriguez, and Rony Tordesillas



Doubles Tournament: (L-R) Mitch Harmon, Bob Rubenstein, Steve Rodriguez, and Rony Tordesillas; not pictured Perry White and Brent Stewart

SPIN 'N SLAM TABLE TENNIS

The newly formed Spin 'n Slam Club held its first table tennis tournament on July 1. Our heartiest appreciation goes out to Rony Tordesillas for organizing this terrific event and setting up the matches for both singles and doubles.

Congratulations go out to Four Seasons newcomer Steve Rodriguez for taking first place in the singles tournament. Steve plays with anti-spin rubber on his ping pong paddle, which is completely impervious to any incoming spin generated by his opponents. Definitely not for the faint of heart. Rony took second place and yours truly walked away with the bronze. In doubles play, I was fortunate to team up with Brent Stewart to take first place, with Steve and Rony taking

second, and Mitch (The Reach) Harmon and Perry White coming in third.

Organizing tournaments not only provides the opportunity to stir up everyone's competitive juices, but tends to bring all ping pong lovers together in same room in a rare social gathering. Regardless of the outcomes, a great time was had by all.

The Spin 'n Slam Club meets at the Courts on Tuesdays, Thursdays and Saturdays at 10:30 am to laugh with friends, play a great game and get a terrific workout.

Everyone is welcome. See you at the tables. ~ **Bob Rubenstein**, brube88@gmail.com

PICKLEBALL

Warm weather is finally here. The Pickleball courts have been busy with all the great weather at both morning and evening court times.

Our Pickleball group is very active both on and off the courts. Once you learn to play the game, many tournaments can be found locally. Recently our neighbors at Sun Lakes held a charity event. Several of our players participated in this worthwhile event, and Sun Lakes raised over \$2,000 to give to various charities.

Photos show some of our Four Seasons players who participated in the tournament and a few of the winners. Karen Rose and partner earned a second-place medal in mixed doubles; Kelly Vucinic and



Julie McGrath (not shown) took second place in women's doubles.

Players and spectators enjoyed the light competition, camaraderie, and making new friends on and off the court.

Four Seasons Pickleball group play is Monday through Saturday 7 to 11 am, and evening play sometimes early evenings starting at about 6 pm. Player-development classes are on Saturday morning at 9:30 for those interested in learning the fun sport of pickleball.

Come on out and visit with the players and watch all the action. There is always someone friendly that would love to talk to you about the game. ~ **Yundell Montalbo-Linton**, yundell@aol.com



Shelley Allard, Julie McGrath, Mike McGrath, Yana Whittinghill, Kevin Van Den Oever, and Dan Anguiano



Karen Rose (L) with two fellow non-resident competitors



David Martin, Mike McGrath, Dan Anguiano, Lorenzo Amaya, and Steve Roa



The best ping pong play for one point was between Mitch Harmon and Jeannine Baker. The ball went back and forth 27 times until Mitch finally scored 1 point

TABLE TENNIS

We held a 1-Point Knockout Tournament on June 12 and for the 10 players who participated, our fun goal expectation was a Knockout! From the music, to the treats, to the eats, to the unorthodox table set up, this tournament rocked. We had so much fun that we decided to make it a semi-annual event instead of the annual event we originally intended. None of us were around for the shootout at the O.K. Corral, but this ping pong shootout at The

Courts matched the original shootout for excitement and was more fun and safer. The neat thing about the tournament was that everyone scored points and when lower seeded players knocked out the top guns it was hilarious to watch.

Consider coming to play ping pong with us Mondays through Saturdays from 2 to 4 pm. Come give it a try. For more information, email Niles at nilstrom@gmail.com. ~ **Niles Sundstrom**



The winners of the tournament were Jeannine Baker (2nd place with 16 points), Mitch Harmon (1st with 21 points) and Perry White (3rd with 15 points)

TENNIS CLUB



As we all live in a retirement community (oops, my bad! It is a 55+ Active Adult Community!), the word retirement does



come up periodically. As a tennis enthusiast, I thought it might be interesting to explore some tidbits on retirement age of professional tennis players.

Having watched professional tennis matches for God only knows how many years, I still recall how Bjorn Borg dominated the pro circuit in the 70s, winning 11 Grand Slam titles, recording the most consecutive wins in tennis history. For one reason or another, Borg decided to retire at the ripe old age of only 26. As time goes on, retirement age for tennis pros has been increasing. Roger Federer, who has won 20 Grand Slam men's singles titles, just retired at 39. Novak Djokovic, who has won 23 Grand Slam men's singles titles at 33 (when this article went to print), is still going strong. Of course, these are the absolute top professional players. They certainly do not represent the vast majority of the players.

Tennis is a sport in which serious players would start at a very young age. Most training and matches are played on hard, concrete

surfaces. In trying to climb up the incredibly competitive ranking, players spend an inordinate amount of time training on and off the tennis court. Over time, the body takes a considerable toll and would often result in injuries, which would sometimes lead to early retirement.

On average, less successful professional players typically retire around 27. This is primarily due to either financial reasons, burnout, or lack of good medical support. For those players, life is rather tough. They barely earn a living playing in tournaments but still need to pay for all the touring expenses. Some might even be forced to retire in their early 20s. However, for the more successful ones, they have the financial means to support what they need to prolong their career. On the brighter side, modern technology and sports medicine nowadays are helping players to stay in the game longer, enabling them to retire later.

At Four Seasons, we have players who play well into their 80s. Irve Sturner was a prime example. Let's see who among us is the first one to play into their 90s. Let the race begin! See you all at The Courts.

Website: <https://sites.google.com/view/tennis-fourseasons/home>.

~ **Stan Lam, (714) 757-2141, slamcpa@gmail.com**

WATER VOLLEYBALL CLUB



Application QR Code



As you read this, the warm weather is finally upon us and the Four Seasons Beaumont Water Volleyball Club is well into the summer season at The Courts, enjoying the sunshine and warm water while participating in a fun, low impact physical activity. We play every Monday, Wednesday, and Friday from 10 am to 12 pm, and are always looking for new players. All ages, heights, and skill levels are welcome. In addition to our three weekly outdoor sessions, we also play indoors at The Summit on Saturdays from 1 to 3 pm.

When not participating in regular volleyball play, we enjoy other great activities such as potlucks and our annual summer pool party event, which this year took place on July 22. Everyone enjoyed a wonderful meal catered by Grandpa Joes Mexican Food. Music was provided by DJ Dave, and club members participated in a water volleyball tournament and other fun pool activities. If you are looking for a club where you can have fun and laughs with your friends and neighbors, come check us out. And bring your guests

along. Everyone is welcome to join in the fun! For more information, contact Craig Korotko at korotko@msn.com or scan the QR Code. ~ *Craig Korotko*



Water Volleyball members braved the chilly June weather at The Courts



BOCCE CLUB

Bocce Ball is played at The Summit. We are now on the summer schedule which is Tuesday and Friday at 8 am. We should have a great turnout this summer. Everyone is welcome. Any questions, please contact me (840) 234-6494 or hanknegrete16@yahoo.com. ~ *Hank Negrete*



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BEAUMONT BAGGER CORNHOLE GROUP

The Beaumont Baggers Cornhole Group continues to grow. Each week, we have new participants joining our group. We continue to enjoy the night's activities where the main focus is to meet our neighbors, learn a new sport, socialize and to have fun.

All are welcome, including singles and couples. Invite your friends and neighbors! We randomly place you with a teammate for the

night's games and welcome rookies, as well as veterans, to the game.

Join us at The Summit, Tuesday nights at 5 pm. After the games, we join together to have dinner and share a dish. Great games followed by great social time!

Any questions? Please contact Pat Barry at (951) 388-0441. ~ **Pat Barry**



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WILD BUNCH BILLIARDS

The "Wild Bunch" is in full swing, and looking forward to having those who are serious and competitive billiards players join us. We enjoy playing 8 Ball, Scotch Doubles, and 9 Ball. You don't have to be the best player, just a player who wants to improve their game in a more competitive setting.

The "Wild Bunch" consists of some of the best players in the league, and we are always looking for great competition. Some of these players are Joe Spinella, Bob Rector, Mike Corbett, Paul Snyder, Mike Fisher, Scott Frymire, Dave Martin, Gary Condurucci, Verina



Rector, and Gracy Luna, just to name a few.

If you want to play serious, competitive pool, we invite you to come by the Billiards Room Friday afternoons from 12:30 to 3:30 pm and join in the stimulation of competitive play. We invite Sun Lakes to join us, and they bring their best game for some exciting competition.

Looking forward to seeing you! ~ **Gracy Luna**, gracyluna@aol.com, (951) 292-3624

CURLY CUES BILLIARDS

With the sizzling hot summer heat, what better way to stay cool on Mondays than being inside playing billiards with a fun group of gals from 11 am until 1 pm. We are always looking for new players and welcome any ladies at any level of playing skill. You don't need to be an expert pool player in order to enjoy our group of ladies. For more information, contact Barbara Morton at (559) 269-0908 or barb93720@yahoo.com. ~ **Barbara Morton**

8-BALL CLUB

Your 8-Ball Club continues the season with lots of practice and tournaments. Just a reminder the club practices or plays tournaments Mondays, Wednesdays, and Fridays 6:30 to 9 pm. We hold a Club meeting on the first Wednesday of each month, an 8-Ball tournament on the second Wednesday of the month, and a 9-Ball tournament on the fourth Wednesday of the month.

This month's in-house 8-Ball tournament had ten 8-Ball Club members competing in the tournament. There were several times when players got rematches. Larry Rice sent John Johnson to the loser bracket in round three only to meet him again in round five. Larry had luck on his side and came out the winner again. Larry met Doug in round four with Doug coming away with the win. Larry then met Doug again in round six, the final

match with Doug coming away with the win to become this month's 8-Ball Tournament champion. Congratulations to Doug, this month's 8-Ball Tournament champion and to Larry, runner-up.

The months in-house 9-Ball tournament was skipped due to the tournament coordinator, not being available. We will be training others to coordinate and run tournaments.

For off-site tournaments, note these addresses: Solera Oak Valley (1615 Fairway Dr., Beaumont); Solera Diamond Valley (1645 Paseo Diamante, Hemet).

If you're new to the game or have played before, don't be shy — stop by, pick up a stick and give us a try. Walk in and ask for Del, Larry, or any of the members playing. The 8-Ball Club is always looking for new

members who would like to learn and play pool to join us. There is a calendar of our events in The Lodge Billiards Room on the 8-Ball Club bulletin board.

If you have any questions, contact one of the officers: Captain Del Lyles, Sr. at (951) 267-1752 or Co-Captain Larry Rice at (951) 236-1156. If no one answers, just leave a message and one of us will get back to you. ~ **Larry Rice**



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SHUFFLEBOARD

A great way to start getting some fresh air, exercise, and socialization is to come out and play shuffleboard. We play at the new shuffleboard courts at The Lodge, which are located behind the swimming pool and next to the paddle tennis courts. We now enjoy our own quiet and somewhat shaded area in which to play.

Shuffleboard is an easy game to learn and anyone can quickly become proficient at this game. Our games usually last about an hour and we choose up different teams each time that we play. This allows us to keep the competition challenging and the games interesting.

We play for fun, but, of course, everyone likes to win. We have no losers, only non-winners.

We have a great group of residents who play regularly, but we are always looking for new players. So if anyone is interested in joining a fun activity, please just show up on a Monday and/or Saturday morning at 8 am. We will give you an introduction to shuffleboard if you have never played before, or a refresher if you have played before.

If anyone has any questions or concerns, please contact me. ~ **Marty Rotman, (310) 948-1693, mrtmj@aol.com**

E-BIKE CLUB

Finally, some warm, dry, and sunny weather. The e-Bike club is moving our planned (hopefully happening) unstructured rides to 9am for the summer. Meet us at The Summit the first Thursday of every month and we will go from there.

Some of our members have set up some longer rides out of the community and we encourage you to join in.

Can't make it on Thursday? Let us know where you would like to ride and when. We can forward your information and help you find riders to join you.

Let's get excited again about our e-Bikes and our club.

Not a member? Want more information? Contact me or our membership record keeper Mikelyn Bridges at mnb82051@yahoo.com. ~ **Steve Cooley, (801) 815-5302, cooleyaudit@gmail.com**



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4X4 SEASONS

This month's run, we decided to head to the Santa Ana River. Access is off Hwy 38 at the Morton Peak turn-out. We ate lunch on the beach of the lake behind the Seven Oaks dam before heading back down the mountain. It was another spectacular day on the trail.

If you're interested in 4x4ing with us, we meet in the RCN building on the second Tuesday of the month at 6:30 pm. We usually plan a 4x4 trip for the following Thursday. Come join us. ~ *Scott Snyder*



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Lining up for our "Closest to the Pin" competition



Co-groundskeeper Elaine Brown measures "Closest to the Pin"



Sue Barker's Hole-in-One was bittersweet

LADIES PUTTERS

Now that the weather is getting warmer, we would love to see more gals join our Ladies Putter Group. On Mondays at 4 pm, we play one round of 9 holes. On Friday at 9 am, we play two rounds. Some gals come out both days and some only come out for one day, whatever fits their schedule. On play days, after everyone has completed their round(s), we all compete in a fun competition we call, "Closest to the Pin, WITHOUT Going In." Simply put, one of the players who has scored a hole-in-one that day, picks a hole and we measure 35 feet from that hole. We each get one putt and, as the name implies, the goal is to get as close to the designated hole as possible without going in and the one whose putt is the closest that day, records the date, their name and measurement. This is just one of the categories we give an award for when we hold our Bi-Annual Awards Potluck. A few weeks ago, one of our members, Sue Barker, scored a hole-in-one during our Closest to the Pin competitions, but per the rule, it was good news, bad news for Sue... great putt, but she was out of that day's competition. As Scarlett O'Hara said, "tomorrow is another day." So, come on out and join us for a low impact, very social activity.

No experience is necessary and we can provide a putter and ball if you don't have one. For more information, please contact Bonnie Brown at (951) 337-0833 or Elaine Brown at (626) 589-9791. ~ *Phyllis Kates*



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TOPS

The long sunny days of summer are here at last. TOPS (Take Off Pounds Sensibly) members took advantage of those days and added an outdoor walk to our class. One group was favored with a wildlife show as a turtle, rabbit, quail, and other critters crossed their paths.

It's easy these days to grab a pair of walking shoes and head out first thing in the morning to enjoy the cooler part of the day. Bonus points if you have a four-legged friend to join you. A picnic in a nearby park with healthy food options is also easy to do. A blanket and a bag with fresh veggies, hummus, low-fat cheese, and some crackers can be great while sitting in a chair outdoors in the fresh air reading a book. Gardening is a super way to use up a few calories and provides us with fresh food. Easy-to-grow herbs can be a delightful addition to summer eating. Biking and swimming are also easy and pleasant in our dry, warm southern California August weather.

Last week we filled cups with potting soil to grow some of our own herbs. We were cautioned not to expect germination overnight. Just as weight loss happens slowly, so does seed growth happen slowly.

You may find that a group like TOPS can help you as well. We meet on Tuesdays at 8:30 am in the Ballroom. For more information, call Andi Henderson at (918) 497-6491. ~ *Andi Henderson*



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DOMINOES

Congratulations again to Vernon Bell with 17 wins for the month of June. Vernon is a great player and it seems as if he cannot be beaten here lately. We need to get our playing skills up to par. Our players need to get some practice in. We play every Wednesday and Friday from 6 to 9 pm in the Game Room. For more information, contact Reggie at (951) 743-3594 or Jesse at (952) 769-2035. ~

Wondell Collins



Vernon Bell reigns again

PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn to play Pan, either individually or in a small group — your home or mine. Pan is a card game, much on the order of Gin in some respects, that is played with up to eight people at a table. It is played by both men and women, so all are welcome. The game is played during the day or in the evening in The Lodge or at a private home. If you are interested, please contact Linda Mendelson at (951) 941-9100 or email Goldtoy@earthlink.net, and I will answer any questions you may have. As with all card games, it is played with both skill and luck. ~ **Linda Mendelson**

PHASE 10

We hope to see more fun-loving card players to join us in The Lodge Game Room on Tuesdays, Aug. 8 and Aug. 22 from 2 to 4 pm.

There have been the usual 'faithfuls' but would love to see more join us to play this fun game. Snacks are provided.

The goal is to complete the 10 phases that are established for the game one round at a time. These phases include 'sets' of cards (all the same number) and 'runs' (cards in a sequence). There are also Wild cards and Skip cards during play. If you have any questions, please contact Marianne Bugni at (920) 517-2739 or email lamarib77@gmail.com. ~ **Marianne Bugni**

MAH JONGG

Hello all! We are now playing Mah Jongg in the RCN Main Room every Friday morning from 10 am to noon. I hope you can join us. The great part is that you do not have to commit to every Friday.

If you are interested in learning this game, we arrange periodic lessons and have a table designated for new players.

If you have any questions or would like to arrange an introductory lesson, contact Terry Hall at Terryhall005@gmail.com. ~ **Terry Hall**

RUMMIKUB

Do you miss playing your favorite tile game, Rummikub? We sure miss seeing friends and making new ones while playing this fun, fast-paced game.

We play in the Game Room at The Lodge on Mondays from 2 to 4 pm. We welcome pros and newcomers alike and are always happy to teach the game to anyone who is interested. So come out and meet your neighbors and have a great time.

If you have any questions, I can be reached at retiredatlast@outlook.com. ~ **Caryn McSweeney**

HEARTS

We play hearts every Tuesday at 6 pm in The Lodge Game Room. We welcome new players. If you don't know how to play, we'll be happy to teach you. Seating is done by random card draw. Try your luck at getting all the hearts plus the queen of spades. That takes 26 points off of your score, or if you choose, adds 26 points to all the other players at the table. The jack of diamonds takes 10 points off of your score. Lowest score wins. It is lots of fun and we look forward to seeing you on Tuesday evenings. ~ **Lynette Smilac, smilac1954@gmail.com**

BRIDGE FOR FUN

If you are thinking of new activities and have a basic knowledge of how to play the game of bridge, come join us on Wednesdays from 12 until 3:30 pm in The Lodge Game Room. We are a fun and easy-going group; come play with us. For more information, contact Verona Rector at (951) 769-1687. ~ **Lois L. Butler**

PINOCHLE FOR FUN

Whether you are a new or experienced player, we will help you enjoy the game. We meet in the RCN Room #1 every Monday, Wednesday, and Friday from 9 am to noon. If you have any questions, don't hesitate to contact either Karen Farmer at (951) 313-6149 or Floyd Reid at (951) 317-3127. ~ **Karen Farmer**

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CANASTA

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet on Thursdays in the RCN Main Room from 12:45 to 4 pm. Table assignments are distributed at 12:45 pm. Each week you may play with someone different, giving you an opportunity to meet new friends and/or to visit with existing friends. We supply the cards, so just bring yourself and a desire to have fun. If you don't know how to play, we are always happy to set up a teaching table — by the end of the afternoon you will have mastered the game. Join us. ~ **Pam Morales**, pamelamorales26@gmail.com

THREE THIRTEEN

Three Thirteen is a fun and fast-paced card game, played in 11 rounds. A variation of rummy, players meld using runs and sets of at least three cards. The first player to lay all cards down receives no points. Then the remaining players lay down their cards, on either the first player's cards or their own. Each round uses a progressive, new wild card, from 3 to Kings. The lowest score wins. Not a lot

of rules to remember and it's quick and easy to learn. Everyone is welcome and we will always have a learner's table, if needed.

We meet the first and third Tuesday of each month at 2 pm in The Lodge Game Room. Everyone is welcome to join us. If you have questions or want to be put on the group email list, contact Simone at simone@bissada.net. ~ **Simone Bissada**

BUNCO

Looking for a way to meet new friends? Join us on Fridays from 1 to 3 pm for Bunco. On the first and third Fridays, we play regular Bunco in the RCN. On the second, fourth, and fifth Fridays, we play Wacky Bunco in the Game Room at The Lodge. We've added a few twists to the scoring to keep you on your toes!

Everyone is welcome! If you have any questions, contact Linda Supernaw at supernaw4@sbcglobal.net or Cheryl Diego at kinderbear@msn.com. ~ **Cheryl Diego**

UPTOWN DIVAS BID WHIST

Uptown Divas Bid Whist Group meets on the first and third Fridays of every month from 2 to 4 pm in The Lodge Game Room. ~ **Deborah Garner**, kenyakiki@aol.com

CO-ED BID WHIST

Hey everyone. I am inviting more folks to come out and play Bid Whist.

We are having an enjoyable time here socializing while applying our individual team strategies to win the hand or stop the opposing team from winning. You can almost hear the excited voices of the victors around the tables, as well as the sounds of the Temptations, Herbie Hancock, Aretha Franklin, BB King, or Adele – a variety of mellow music – in the background.

I strongly encourage new players to come out. We will teach you how to play this game. Bid Whist is a variation to the original game of whist and it involves strategy, card counting, and careful communication with a partner. It is similar in play to Bridge and Spades. Whether you are new to the game or a veteran player, I invite you to come out and play with us.

The Co-Ed Bid Whist group meets on Tuesdays from 6 to 8:30 pm in the RCN

Building, Room 3. We offer a satisfying game environment filled with skill, good cheer, good-natured trash talking, and some great music. Win or lose... you will have a lot of fun and meet some great folks while playing bid whist. We look forward to seeing you at the tables.

For more information, contact Frank Turner at (562) 922-9737. ~ **Frank Turner**

Below: Co-Ed Bid players fully engaged



Frank Turner, club leader, welcomes new players



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GET THE JOKE – WIN BISTRO BUCKS!

“Get the Joke” is a simple contest... somewhere in this issue is a “joke” ad, article, or other notice. You’ll know it when you see it — it will be silly, over-the-top ridiculous, or just plain goofy — and hopefully it will bring a smile to your face. When you find it, email your response to fourseasonsnews@yahoo.com. Or you can cut out and complete the box below and take it to The Lodge front desk. One correct entry will be chosen at random to win a \$20 gift card to the Bistro. Please get your entry in no later than the eighth of the month. Thanks!

LAST MONTH’S JOKE

GTG (GROW TALLER GROUP)

We recently formed GTG as a companion group to TOPS (above). Several members realized that perhaps we weren’t overweight, just undertall. After much research, we have implemented a series of methods to grow taller. These include:

- Inversion Table: Hang upside for three to seven hours daily
- Spinal Disc Surgery: Add discs, add inches!
- The Rack: A medieval device that stretches the whole body (at right)

So if you have plateaued in your weight loss journey, join us on the road to growing taller. ~
Elastic Man, (909) 797-3647



YOUR COMMENTS

Thank you all in the Photography Club for the great photos. I really loved the Space X launch. Linda K.

The Grow Taller Group is a group I’ve been looking for all my life!! I’ve always said, “I’m not overweight, I’m undertall.” Karen M.

When I first read it I believed it was serious as we do get shorter. But then I read you print jokes and have contests. I am new to the community. Eva T.

Love the Breeze! Lois B.

Love the graphic! Steve G.

I look forward to the Breeze every month. Joe. E.

In the first place, people today would not attempt to lose weight as suggested in this article! Ha ha! The rack was a brutal torture method used in Medieval times. Betty E.

Sure beats trying to lose weight! Marty R.

In this day and age where everything goes, this group “fits” right in. Sally W.

Or else go to outer space where there’s no gravity. You don’t need to grow taller. Patty N.

THIS MONTH’S WINNER:

LOIS BUTLER

I got the joke!

Resident’s Name (first & last): _____ Phone _____

This was the joke: _____

We love your comments (about the joke, the Breeze, or whatever’s on your mind!): _____

Farewell to Friends



Irene White in her garden with her daughter Paulette Mashaka

MRS. IRENE JESSIE DUKE WHITE Irene transitioned to her heavenly home on June 22, 2023. She will be missed dearly by her family and loved ones as well as those neighbors she befriended during her residence at Four Seasons Beaumont. Irene's favorite hobby was container gardening and she delighted in discussing the identity of each and every plant she had and how they should be cared for. She loved walking almost daily and would share a smile with those she met along the way. Thank you Four Seasons for having provided a safe place for our Mother to live and thrive!

Farewell to Four Seasons Friends

If you have lost a loved one and would like to let others know, you can have the information placed in this column in the *Breeze*. Guidelines are: Your loved one must have lived in Four Seasons Beaumont. Immediate family only may place the notice. Photos are optional. Limit the remembrance to 400 words and send it to FourSeasonsNews@yahoo.com. Be sure to include your contact information in case we need to reach you. Contact information will not be published.

Solutions of puzzles on page 27

6	1	8	5	9	7	4	2	3
9	5	3	6	4	2	1	8	7
2	4	7	8	1	3	5	6	9
1	9	5	3	8	4	2	7	6
4	8	2	7	6	1	9	3	5
4	7	6	9	2	5	8	4	1
5	2	4	1	3	6	7	9	8
7	6	9	4	5	8	3	1	2
8	3	1	2	7	9	6	5	4

EASY

6	9	7	4	8	2	1	3	5
2	4	3	5	1	7	9	8	6
8	1	5	6	9	3	2	4	7
5	2	1	9	7	4	3	6	8
3	8	4	2	5	6	7	1	9
7	6	9	1	3	8	5	2	4
1	7	6	3	4	5	8	9	2
4	3	8	7	2	9	6	5	1
9	5	2	8	6	1	4	7	3

MEDIUM

4	1	2	9	5	7	3	8	6
8	6	7	2	3	4	9	5	1
9	5	3	1	6	8	4	7	2
5	3	8	7	2	9	6	1	4
2	9	4	8	1	6	5	3	7
6	7	1	5	4	3	2	9	8
7	2	5	6	9	1	8	4	3
1	4	9	3	8	2	7	6	5
3	8	6	4	7	5	1	2	9

HARD

On the Breeze

Photos Wanted

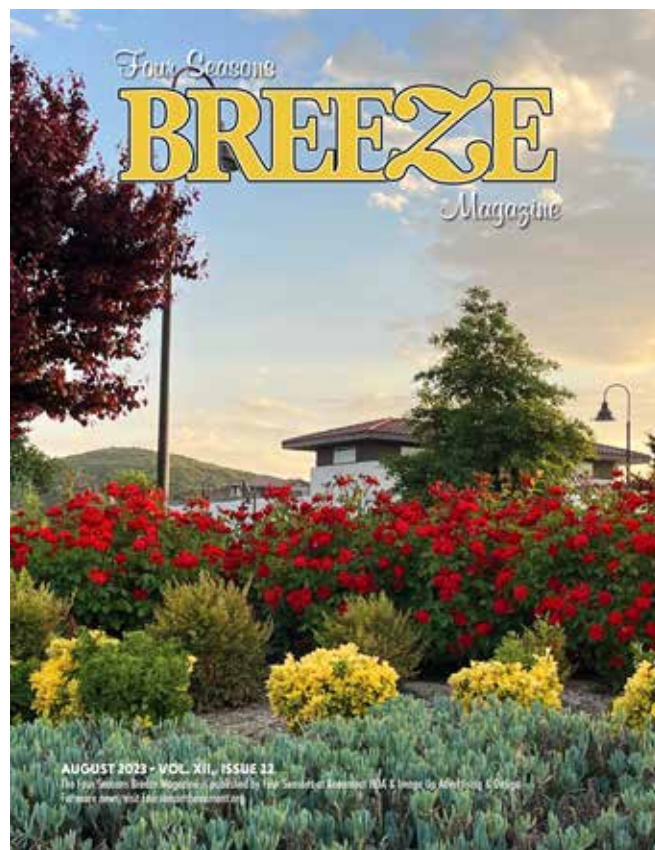
If you want to submit a photo for the cover of the *Breeze*, follow these guidelines:

- Vertical portrait format is preferred
- Simple, uncluttered photos work best
- Digital photos are requested at high resolution, 4 megapixels or higher, 300 dots per inch (dpi) or at least 1536 x 1024 pixels; a high-res photo will be 2-10 megabytes (MB)
- Send jpeg format photos to FourSeasonsNews@yahoo.com
- Include a brief description of the photo including the location
- If you have any questions, please call Courtney Taylor at (909) 797-3647

Submission Guidelines

The *Breeze* Communications Board requires all committees, clubs, and groups to submit their article ***no later than 12 noon on the sixth of each month***. Maximum article length is 400 words and maximum number of photos per club/group is three. Email Microsoft Word document (.doc), Rich Text Format (.rtf) or simply include your article in the body of an email message to FourSeasonsNews@yahoo.com. Articles submitted as PDFs or in hard copy will not be accepted.

Please include the committee, club, or group name; writer's contact information; and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs (maximum three) must be clear, in focus, and submitted as high-resolution jpegs with captions including the first and last name of everyone in the photo. NO COLLAGES. Photos and articles will be printed at the discretion of the Communications Board.



COVER PHOTO

Photo by Denise Treacy

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